

embrace create adopt protect guide

A guide to communicating the Duke Medicine brand



How to Use This Book

The book you are holding is packed with useful information. It exists for many reasons:

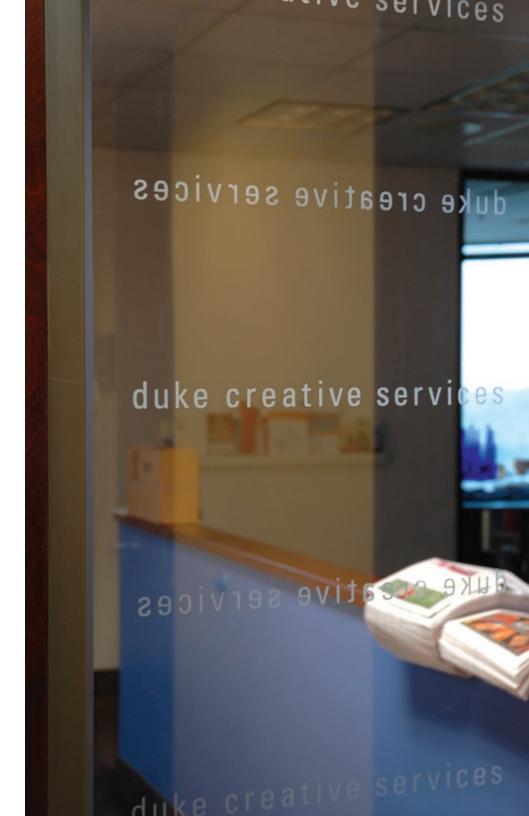
- to help you in your work by providing easy-to-follow guidelines for the proper use of Duke Medicine brand elements;
- to help ensure consistency in communication of the brand;
- to provide a statement that declares, protects, and strengthens the brand.

Designers and other communicators are encouraged to take a look at the entire book before diving into the designer's toolkit. Digital assets are explained here and can be downloaded from branding. dukemedicine.org.

Managers and others charged with communicating the Duke Medicine brand may want to begin with the list of frequently asked questions and the overview. These are good starting points for learning about the Duke Medicine brand. Also, look for the glossary in the back of the book, with definitions of technical terms you may encounter.

Keep in Touch

Help and explanation is always just a phone call or click away: branding.dukemedicine.org/contact, or 919-419-3270.



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Produced by Duke Marketing and Creative Services © Copyright 2009 Duke University Health System

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Frequently Asked Questions

How can I download the Duke Medicine logo?

Go to the Logos page at branding.dukemedicine.org.

Whom should I contact to get help with a project that involves the Duke Medicine brand ... such as a trade show banner, promotional item, or a brochure?

Call your marketing or communications director, if there is one. Or, contact Marketing and Creative Services at 919-419-3270 or branding.dukemedicine.org/contact.

How do I order Duke Medicine supplies (stationery, lab coats, scrubs) for my department or practice? Visit branding.dukemedicine.org.

Should I discard my current stationery if it does not reflect the new Duke Medicine brand?

Duke Medicine is committed to environmental sustainability. For this reason you are encouraged to use up existing supplies before ordering new letterhead, envelopes, and business cards.

What fonts are used as part of the Duke Medicine brand? The typefaces used in Duke Medicine communications are Sabon and Frutiger. Both fonts can be purchased at Adobe.com and fonts.com. Free alternative fonts are Times New Roman and Arial.

Do I need permission to use the Duke Medicine brand elements?

In general, it is not a good idea to use the Duke name, brand, or trademarks without permission. Please contact Marketing and Creative Services first.

Whom should I contact with questions?

Please send inquiries to branding.dukemedicine.org/contact or call 919-419-3270 for further clarification or to request approval for specific cases.

11

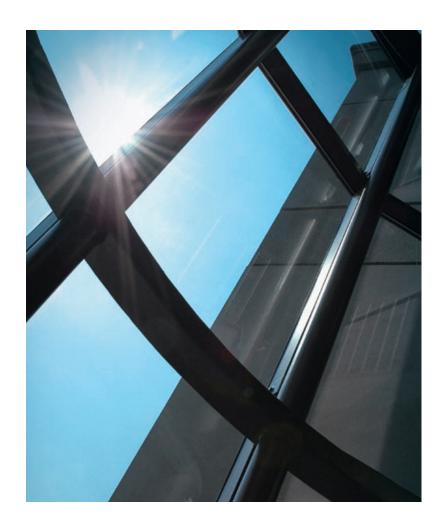
This Is Duke Medicine

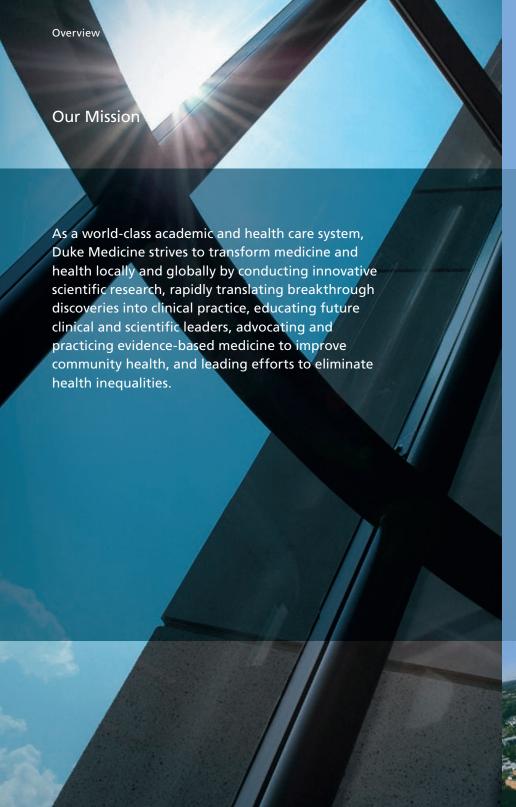
Duke Medicine conceptually integrates the Duke University Health System, the Duke University School of Medicine, and the Duke University School of Nursing. It is the combination of research, clinical care, and education that takes place through the efforts of our faculty, staff, students, and trainees at many different sites throughout our region and worldwide.

Duke Medicine is also a brand, a way of expressing our identity. It communicates the essence of Duke Medicine to everyone it touches. Using this brand consistently will strengthen it.









Duke University Medical Center

Duke University School of Medicine DUKE-NUS Graduate Medical School Singapore

Duke University School of Nursing

Private Diagnostic Clinic

Duke Faculty Physicians

Community Physicians (CPDC)

Duke Primary Care

Affiliated Hospital-Based Physicians

Duke University Health System

Duke University Hospital

Duke Children's Hospital & Health Center

Duke Raleigh Hospital

Durham Regional Hospital

Clinical Service Lines
Campus-Based
Community-Based

Community-Based Clinics
Multi-Specialty Practices



DUKE MEDICINE SYMBOL

Protecting the Duke Name

Duke University has a longstanding policy of protecting the symbols that are associated with its name and its reputation as one of the finest universities in the country. Duke owns and controls its name(s) and other marks, logos, insignias, seal, designs, and symbols that have become associated with the institution.

In addition, in order to comply with and assure protection under federal, state, and international trademark laws, Duke University is required to monitor and control all uses of its trademarks. Unauthorized use of Duke trademarks is subject to civil and criminal penalties. Duke reserves the right to take appropriate action when confronted with unauthorized use of its trademarks. Such actions may include confiscation of goods, financial penalties, and legal action.

The above is an excerpt from the Duke Trademark Licensing Policy. Find the complete policy at trademarklicensing.duke.edu. For further information or assistance, contact Duke's Office of Trademark Licensing at 919-684-2065.



ACADEMIC EMBLEMS, SYMBOLS, WORDMARKS





Duke University

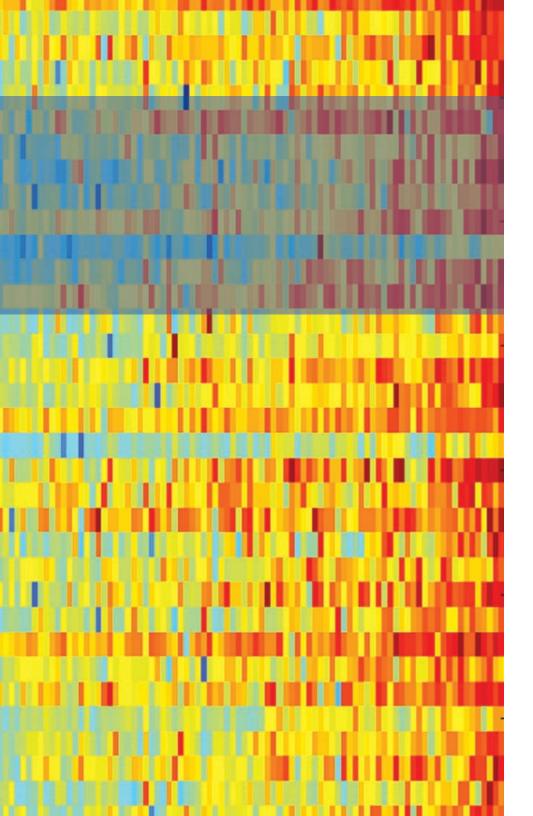


OFFICIAL USE ONLY



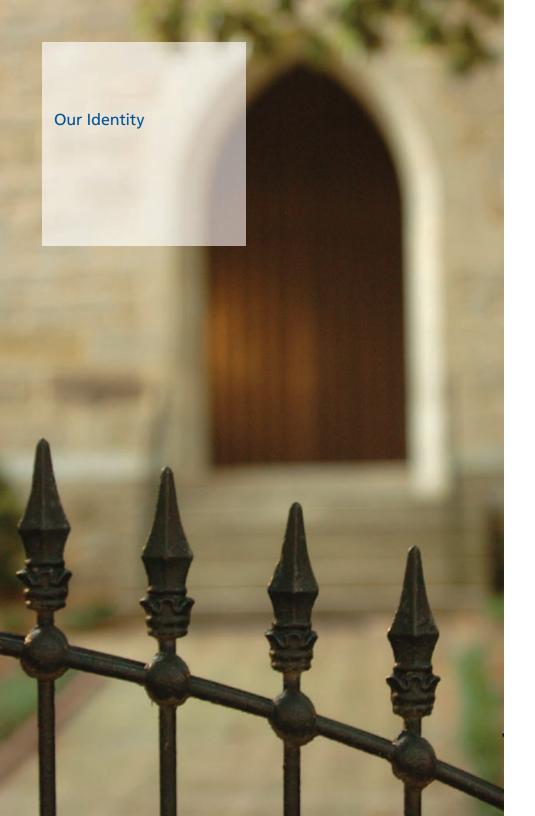






Embracing the spirit of innovation: The Duke Medicine brand

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The Duke Medicine symbol evokes the image of Duke's Gothic architecture, conveying a sense of tradition.

The open-ended right side of the arch depicts movement toward the future. The symbol reflects the extension of a longstanding campus entity into a comprehensive network with many points of access.

No alterations should be made to the symbol, logo, wordmark or signature. Always use approved digital artwork for all communications, including print, Web, signage, and promotional items.

The Master Symbol

This symbol is the visual icon for Duke Medicine.



The Master Logo

The logo encases the symbol in reverse. The master logo, presented within a box or boxed outline, can be used only with the Duke Medicine wordmark.



The Master Wordmark

The wordmark is the stylized treatment of Duke Medicine and serves the same functional purpose as a symbol.



The Master Signature

The master signature consists of the master logo and wordmark in balanced relationship with each other.



Master Signature

No alterations should be made to the symbol, logo, wordmark or signature.

Visit branding.dukemedicine.org

for approved digital artwork for all usage, including print, Web sites, signage, and billboards.



Color

The two primary colors used in the Duke Medicine brand are Duke blue (PANTONE® 287) and black.





Each color has been translated to four-color, RGB values, and black for diverse environments.

	PANTONE®	CMYK	RGB
PRINT			
Duke Blue	PMS 287	100C, 68M, 0Y, 12K	_
Duke Black	_	100K	_
MONITOR SCREEN			
Duke Blue	_	_	OR, 54G, 152B
Duke Black	_	_	0R, 0G, 0B

Master Signature & Wordmark Orientation

Horizontal is the preferred signature orientation.

The optional vertical signatures can be used when necessary.

The optional horizontal wordmark should be used only when space constraints prohibit inclusion of the symbol. See pages 32-37 for clarification.

Preferred Horizontal Signature





Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Optional Vertical Signature

For use in space-limited environments





Optional Horizontal Wordmark

See pages 32-37 for clarification.

DukeMedicine

DukeMedicine

These signatures are to be used for environments with dark or black backgrounds.

The horizontal signature is the preferred signature orientation. The optional signatures can be used for space-limited environments.





Proper spacing around the signature elements allows for optimal recognition.

Preferred Horizontal Signature





X is a unit of measure to guide the optimal space requirements.

Options for Space-Limited Environments



Clearspace for Signage

For use in space-limited environments

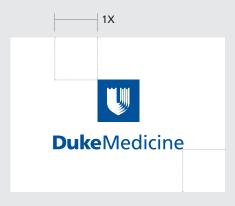




Clearspace allows for optimal recognition.

Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Optional Vertical Signature Space-Limited Environments





X is a unit of measure to guide the optimal space requirements.

Optional Horizontal Wordmark

Use only if space constraints prohibit proper sizing of the signature. See pages 32-37 for clarification.





The D represents a unit of measure to guide the optimal space requirements.

Master Signature Sizing the Signature & Wordmark

The optimal reproduction size for the Duke Medicine signature on most printed materials is 0.4375". The recommended minimal reproduction size is 0.325".

The Duke Medicine wordmark can be reproduced at smaller scales as needed for promotional materials.

Preferred Size



Minimum Size



Wordmark

Use only if space constraints prohibit proper sizing of the signature. If the logo or wordmark must be reproduced in ways other than those specified here, permission must first be granted by the brand manager. Please visit branding. dukemedicine.org/contact or call 919-419-3270.

0.1296"

Duke Medicine

0.0625" DukeMedicine

Unacceptable Treatments of the Signature

Maintaining the integrity of the signature is necessary to a consistent identity. The signature should not be manipulated or altered in any way. These are examples of unacceptable treatments.

UNAUTHORIZED

Do not manipulate or alter the signature color or shape





Do not present the Duke Medicine signature with a service line signature



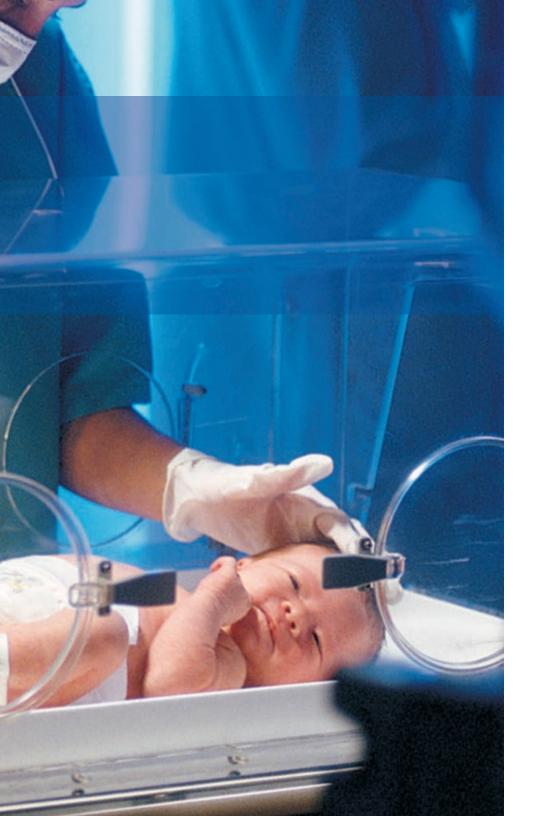


Avoid high-contrast backgrounds that render the brand illegible









Creating new synergies: Duke Medicine sub-brands

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Brand Architecture

From our hospitals and clinics to our academic centers and programs, each Duke Medicine entity has unique functions and responsibilities. The following pages outline how individual signatures relate to the overarching Duke Medicine brand.



The chart below outlines how individual signatures relate to the overarching Duke Medicine brand.



Academic and Research Brands

Duke University Medical Center

Duke University School of Medicine

Duke University School of Nursing

Duke University School of Medicine

Duke University School of Nursing

Alternate Treatments for Academic Brands*

DUKE UNIVERSITY SCHOOL OF MEDICINE

DUKE UNIVERSITY SCHOOL OF NURSING



*Note that the Times New Roman font is permissible in this legacy configuration. Clinical Care-Delivery Brands

Duke University Health System

Hospital Brands

Duke University Hospital DUKE UNIVERSITY HEALTH SYSTEM

Duke Raleigh Hospital DUKE UNIVERSITY HEALTH SYSTEM

Durham Regional Hospital DUKE UNIVERSITY HEALTH SYSTEM



*Note that the Duke Children's brand is the only service brand allowed to use a logo other than the shield.

Duke Facility Signage & Naming



DukeMedicine

Building or Facility Naming

Duke Medical Plaza

Duke Health Center

Duke Primary Care

Duke Service Line Brands

Duke Eye Center

Duke Cancer Center

Duke Heart Center

Duke Sports Medicine

Duke Diet & Fitness Center

Duke HomeCare & Hospice

Duke Integrative Medicine

Visit branding.dukemedicine.org for a comprehensive service-line list.

Duke Primary Care Brands*

Duke Primary Care

Triangle Family Practice

Harps Mill Internal Medicine

Duke Urgent Care

Duke Affiliate Relationships

DukeMedicine AFFILIATE

MANAGED BY **Duke**Medicine

For specific examples review pages 90-95.



Hospital Signatures



Preferred Signatures









Preferred Signatures







Light Backgrounds











Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Clearspace — the minimum area around an identity — allows for optimal recognition and legibility.



X is a unit of measure to guide the optimal space requirements.

= 1X

Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Optimal Reproduction Size

Follow the guidelines below to ensure legible reproduction of sub-brand signatures on most printed materials.

Light Backgrounds Recommended maximum reproduction size Duke University Hospital Duke University Health System Minimum Reproduction Size Duke University Hospital Duke University Hospital Duke University Hospital Duke University Health System



Maintaining the integrity of the signature is necessary to a consistent identity. The signature should not be manipulated or altered in any way. These are examples of unacceptable treatments.

UNAUTHORIZED

Do not present the master logo with

Do not manipulate or alter the signature color or shape



a sub-brand signature



Avoid backgrounds that render the brand illegible





Academic Signatures

Academic signatures express the essence of Duke Medicine's academic programs. They are composed of the wordmark and the symbol, or the wordmark alone.

Signature



Wordmark

Duke University School of Medicine



Academic Signatures Examples

Our academic signatures may use the sans serif typeface of the Duke Medicine brand (Frutiger) or a more formal typeface such has Times New Roman.



Preferred Signatures





Preferred Wordmarks

Duke University Medical Center

Duke University Medical Center

Legacy Signatures

Legacy signatures may be used on more formal communications. Please consult with brand management. Visit branding.dukemedicine.org or call 919-419-3270 if you have questions.





Academic Signatures Examples

Signatures retain the visual essence of the Duke Medicine brand. The signature is composed of the wordmark and the symbol. A wordmark is the stylized treatment of the brand name and serves the same purpose as a symbol.

Legacy signatures may be used on more formal communications. Please consult with brand management. Visit branding.dukemedicine.org or call 919-419-3270 if you have questions.

Preferred Signatures











Preferred Wordmarks

Academic Partnership Signature

Duke University School of Medicine



Duke University School of Medicine

Academic Signatures Examples

Signatures retain the visual essence of the Duke Medicine brand. The signature is composed of the wordmark and the symbol. A wordmark is the stylized treatment of the brand name and serves the same purpose as a symbol.

Legacy signatures may be used on more formal communications. Please consult with brand management. Visit branding.dukemedicine.org/contact or call 919-419-3270 if you have questions.

Preferred Signatures





Preferred Wordmarks

Duke University School of Nursing

Duke University School of Nursing **Legacy Signatures**



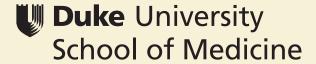


Academic Signatures & Wordmarks Optional

Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Optional vertical signature for use in space-limited environments

Light Backgrounds



Duke University
School of Medicine

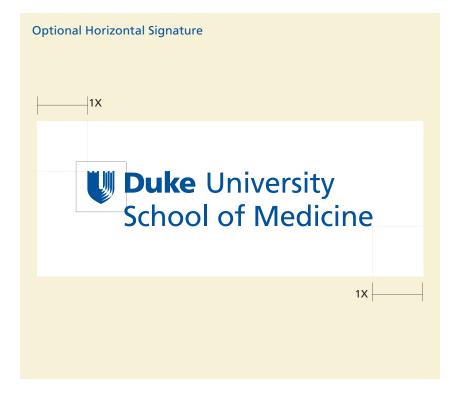
Dark Backgrounds

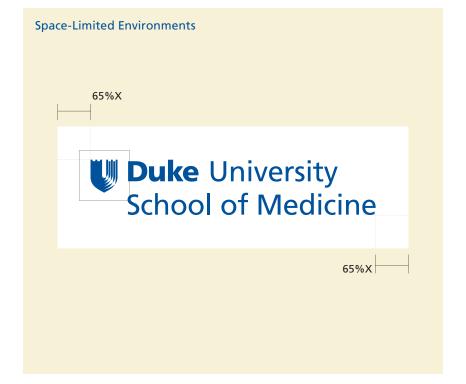


Duke University School of Medicine

Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Clearspace allows for optimal recognition. The clearspace is the minimum area around an identity or element to provide the maximum legibility.





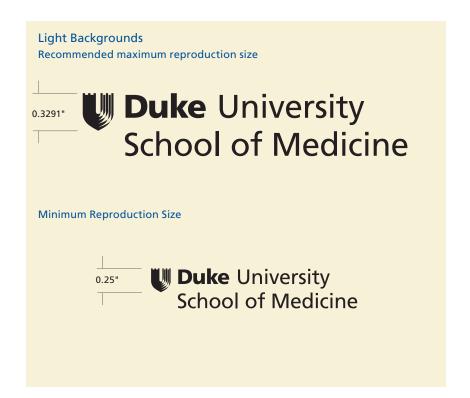
= 1X

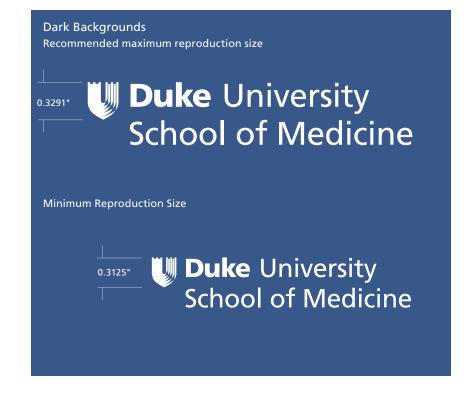
X is a unit of measure to guide the optimal space requirements.

Please visit branding.dukemedicine.org/ contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Optimal Reproduction Size

Follow the guidelines below to ensure legible reproduction of sub-brand signatures on most printed materials.





Maintaining the integrity of the signature is necessary to a consistent identity. The signature should not be manipulated or altered in any way. These are examples of unacceptable treatments.

UNAUTHORIZED

Do not manipulate or alter the signature color or shape





Do not present the Master Logo with an academic signature



Avoid backgrounds that render the brand illegible





All service-line signatures need prior approval by brand management. Please visit branding.dukemedicine. org/contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Preferred Signature & Wordmark



Duke Service Line

Optional Signature & Wordmark Light Backgrounds



Duke Service Line

Optional Signature & Wordmark Dark Backgrounds



Duke Service Line

Service-Line Signatures Approved

All service-line signatures need prior approval by brand management. Please visit branding.dukemedicine.org/contact or call 919-419-3270 for further clarification or to request approval for specific cases.



Service-Line Brands (examples)

For a list of approved service-line signatures, visit branding.dukemedicine.org

Duke Cancer Center

Duke Eye Center

Duke Heart Center

Duke Diet & Fitness Center

Duke Orthopaedics

Duke Integrative Medicine

Duke Musculoskeletal Center

Duke Sports Medicine

Duke HomeCare & Hospice

Duke Prostate Center

Service-Line Signatures & Wordmarks Examples

Duke Primary Care

All service-line signatures need prior approval by brand management. Please visit branding.dukemedicine.org/contact or call 919-419-3270 for further clarification or to request approval for specific cases.

Physician Practices

Signature and Wordmark



Duke Primary Care





Duke Urgent Care

Signature and Wordmark



Duke Urgent Care

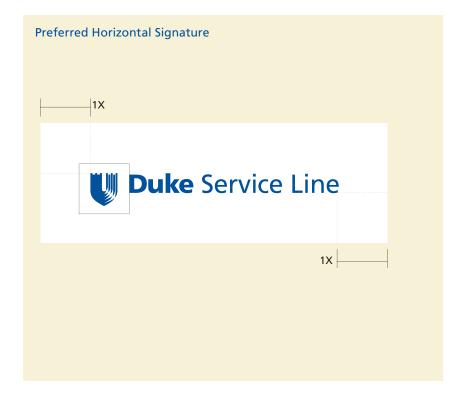
Multi-Specialty Facilities

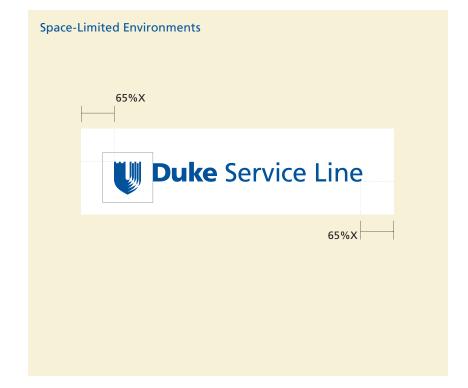
Wordmark

Duke Medical Plaza

Signature Clearspace

Clearspace allows for optimal recognition of the signature.





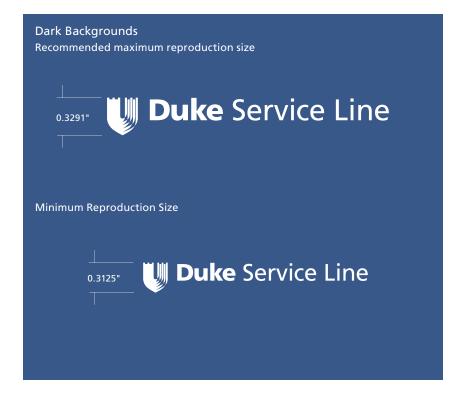
= 1X

X is a unit of measure to guide the optimal space requirements.

Optimal Reproduction Size

Follow the guidelines below to ensure legible reproduction of sub-brand signatures on most printed materials.

Light Backgrounds Recommended maximum reproduction size Duke Service Line Minimum Reproduction Size Duke Service Line Duke Service Line



Maintaining the integrity of the signature is necessary to a consistent identity. The signature should not be manipulated or altered in any way. These are examples of unacceptable treatments.

UMAUTHORIZED

Do not manipulate or alter the signature color or shape



Duke Service Line Do not present the Master Logo with a service-line signature



Avoid backgrounds that render the brand illegible



Affiliated Programs

Prior to the development of these brand guidelines, the phrase "affiliated with Duke University Health System" was combined with the brands of other health care entities in order to express a negotiated relationship. Today, the Duke Medicine wordmark is used instead.



The Duke Medicine wordmark can be used to indicate the presence of clinical and/or program-development services on behalf of a third party. The scope of these relationships may include clinical care, research, and education. None of these agreements may be arranged without the approval of senior leadership. For more information, contact Duke Network Services at 919-419-5000.

A Program Development and Operational Support Agreement

A licensing agreement is traditionally used for clinical program-development relationships in which Duke provides clinical and quality oversight but does not provide clinical manpower or direct operational oversight. See the next page for specific examples.

"A Duke Medicine Affiliate"

The term Duke Medicine Affiliate describes a health care provider whose quality and program development is actively overseen by Duke. This relationship is expressed with the Duke Medicine wordmark (see examples on the following pages).

"Managed by Duke Medicine"

In some cases, Duke arranges direct on-site management for an affiliated clinical program. This relationship is expressed with the Duke Medicine wordmark as shown below.

In all cases, there is a Performance Improvement and Quality Oversight Program to ensure service levels are appropriate to use the Duke brand.

DukeMedicine AFFILIATE

MANAGED BY **Duke**Medicine

Affiliated Programs
Examples

None of these agreements may be arranged without the approval of senior leadership. For more information, please contact network services at 919-419-5000.



Preferred Vertical Signature: Affiliate



DukeMedicine AFFILIATE IN HEART AND CANCER

Optional Horizontal Signature: Affiliate

Space-Limited Environments



DukeMedicine AFFILIATE
IN HEART AND CANCER

Preferred Vertical Signature: Affiliate



DukeMedicine AFFILIATE



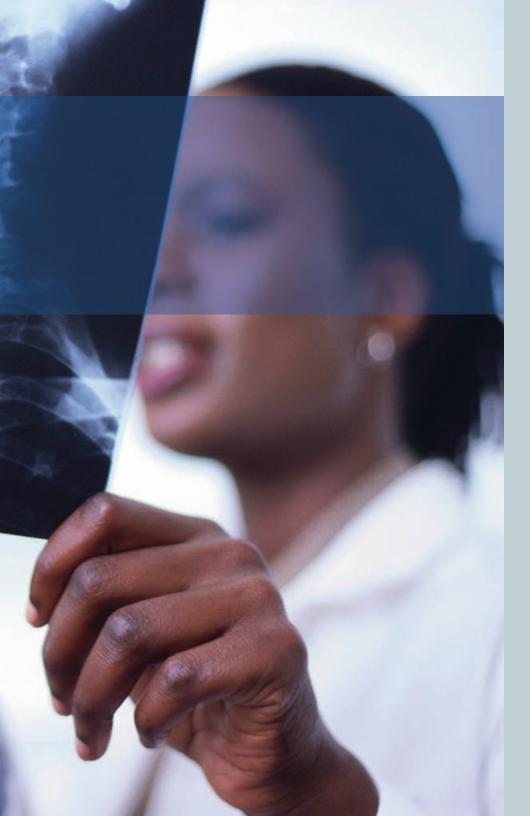
DukeMedicine AFFILIATE

Preferred Vertical Signature: Managed Relationship



MANAGED BY **Duke**Medicine





Working together: Communicating across a landscape

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nterpersonal/Professional
Communications



Advertising

Advertising: Duke Medicine

It is always desirable to use the Duke Medicine master signature on external communications and advertising. This signature is particularly appropriate when promoting multiple specialties at once.

Closer to you. Sooner than you think.





Duke Medicine is coming to Knightdale.

Good things are worth waiting for... and even better when you don't have to wait long. Duke Medicine's Knightdale facility will offer primary care, specialty care, and urgent care. Hwy 64 and I-540.



dukehealth.org

Duke Eye Center

Advertising: Service Lines

A service line signature such as Duke Eye Center (illustration A) is used when a single health care practice is promoted.

When advertising a single health care category at multiple locations (illustration B), the service line signature is used in conjunction with a list of locations.



Illustration A

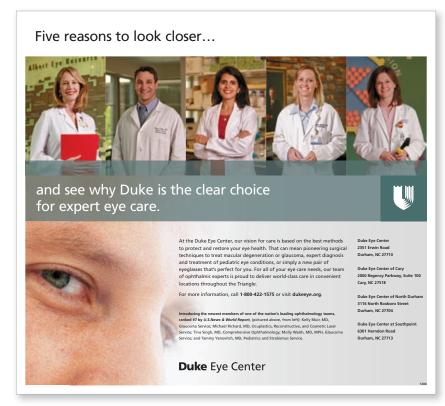


Illustration B

Duke Primary Care

Advertising: Service Lines

Duke Primary Care (illustration A) is the signature used when advertising a single practice that offers primary care, family medicine, or internal medicine.

When advertising a single health care category at multiple locations (illustration B), the service line signature is used in conjunction with a list of locations.



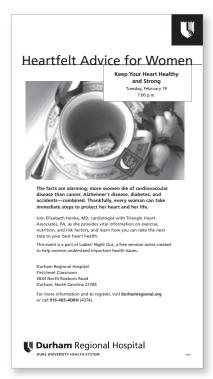
Illustration A



Illustration B

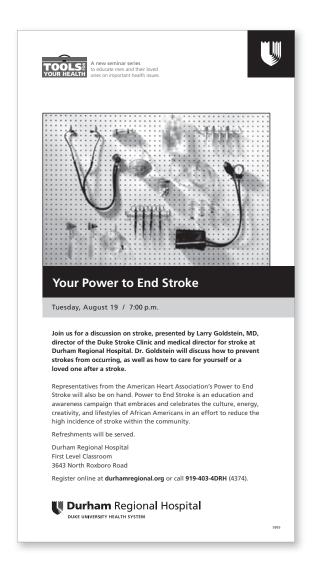
Advertising: Hospitals

A hospital signature is used when advertising a service or event at a specific hospital.





1/4 Page Community Events Ad



Signage

Building Identifiers

The Duke Medicine shield or the Duke Medicine signature can be used as a beacon, identifying buildings.





Duke Medicine Brand Use

Building Signage

Multi-Specialty Office Buildings

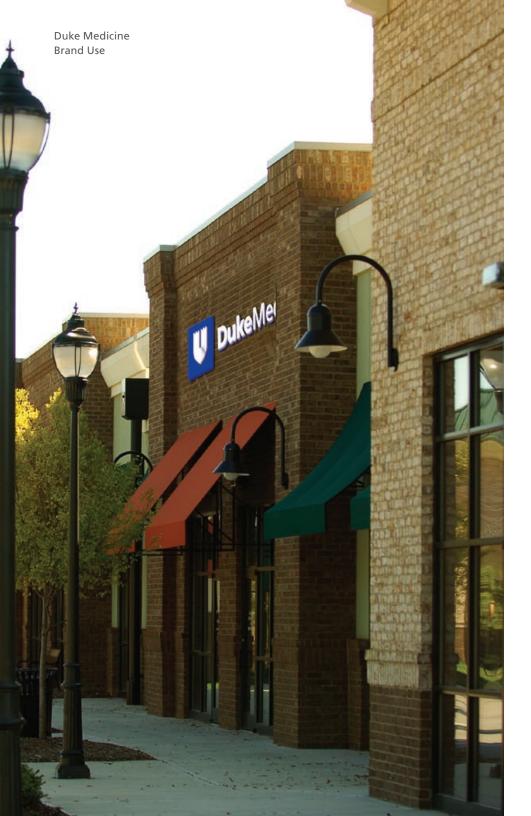
Duke Medical Plaza

Signage use only

Building Signage

The Duke Medical Plaza name describes a place in which Duke extends multi-specialty health care to the community.







Community Locations

The Duke Medicine brand signature can be used for building signage when more than one clinic is present—letting patients know Duke Medicine is in their neighborhood.

EXAMPLE SHOWN: This building houses obstetrics and gynecology and gastrointestinal medicine.

Health Centers (next page)

The Duke Medicine signature is also used in conjunction with the name Duke Health Center, which denotes a building in which Duke offers a range of health care services.



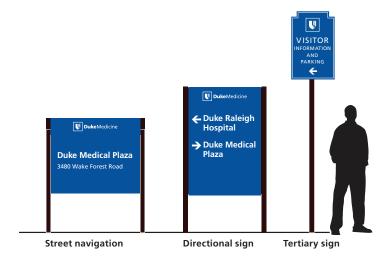


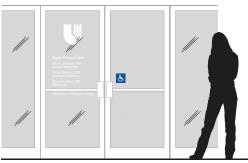


Primary Care Signage

The Duke Primary Care brand signature can be used at facilities that provide family medicine, internal medicine, obstetrics and gynecology, and/or pediatric primary care services.

Signage System Hierarchy





Window/door vinyl

Signage System

The Duke Medicine brand signature is used as a brand beacon.

The above illustration shows the system to follow when creating signage for multi-specialty health care facilities. The master logo can be used as a beacon after the introduction of the Duke Medicine signature, as illustrated above.

Detail



Duke Care Facilities

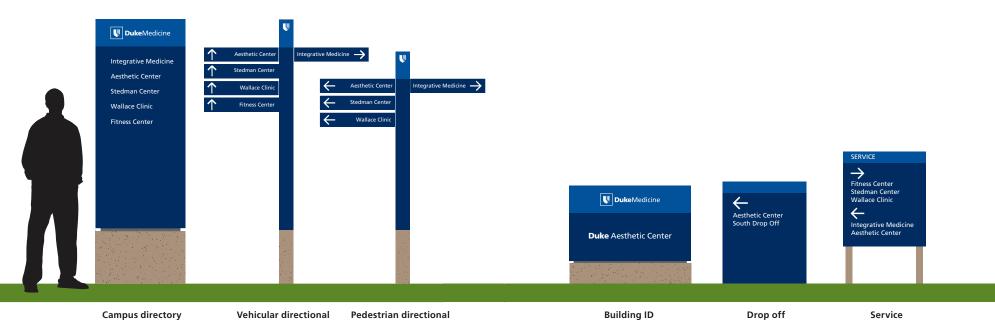
Signage System Hierarchy

The Duke Medicine brand signature is used as a brand beacon to unify all signage.

Primary signage should use the Duke Medicine brand signature. Below is an example of the brand on campus signage.



Duke Campus Settings



Event Sponsorship

Duke Medicine Partnership

Direct-to-consumer partnerships use the Duke Medicine signature.

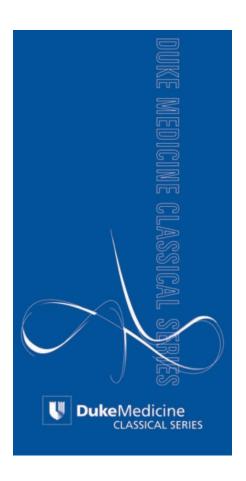














Duke Medicine Sponsorship

Direct-to-consumer sponsorships use the Duke Medicine signature for signage and event materials.



Duke Medicine Sponsorship

Direct-to-consumer sponsorships use the Duke Medicine signature for signage and event materials.







Duke Medicine Sponsorship

Direct-to-consumer sponsorships use the Duke Medicine signature for signage and event materials.









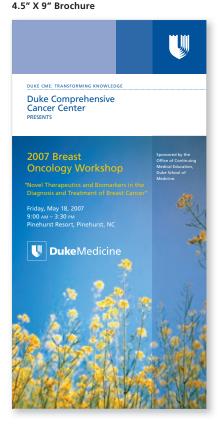






Educational Sponsorship

Direct sponsorships and co-branded sponsorships use the Duke Medicine signature.



9" X 6" Announcement Postcard



8.5" X 11" Poste



4" X 9" Brochure



8" X 6" Announcement Postcard





Interpersonal/Professional Communications

Letterhead, envelopes, and business cards use the Duke Medicine logo. These items can be ordered online at eprint.universalprinting.com/DukeHS



Your Name

DUKE PRIMARY CARE

Practice Name (Optional) Title Line 2

BOX DUMC ####, Durham, NC 27710

DEL 123 Street Name, Suite ###

City, NC 27710

EMAIL your.address@duke.edu dukemedicine.org

TEL 919.123.4567

EXT 12345

PGR 919.222.2222

PGR X 919.333.3333

Business card



Duke Primary Care

Practice Name (Optional)

BOX DUMC ####, Durham, NC 27710 TEL 919.123.4567

DEL 1234 Street Name, Suite 123 FAX 919.222.2222

City, NC 12345

URL name.duke.edu

dukemedicine.org

Letterhead (ABOVE) Top and bottom cross-section shown

No.10 Envelope (RIGHT) Top corner shown



Duke Primary Care

Practice Name (Optional) 1234 Street Name, Suite 123 City, NC 12345

Interpersonal/Professional Communications

Appointment card



Duke Primary Care

7021 Harps Mill Road Suite 100 Raleigh, NC 27615 APPOINTMENTS: 919.845.2125

FAX: 919.845.2152

OFFICE HOURS: Monday – Friday
8:00 a.m. – 5:00 p.m.

dukehealth.org

NAME:

HAS AN APPOINTMENT

M T W Th F DATE:

TIME:

WITH: Greg Bugaj, MD Alounthith Phichith, MD Richard J. Schneider, MD James O'Rourke, MD

Patients arriving late may be asked to reschedule.

If unable to keep appointment, kindly give 24 hours' notice.





Guiding the brand: A designer's tool kit

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Core Elements

The Duke Medicine brand can be visually expressed using a few key elements: color, type, and signature. This set of graphic devices unites Duke Medicine-branded materials. The following pages provide guidance about selecting color systems, photography, and typographic styles to realize the Duke Medicine brand.

Photography



1

Color

2



Type

3

The Duke Medicine typographic style creates a unity that connects diverse uses.

Signature

4



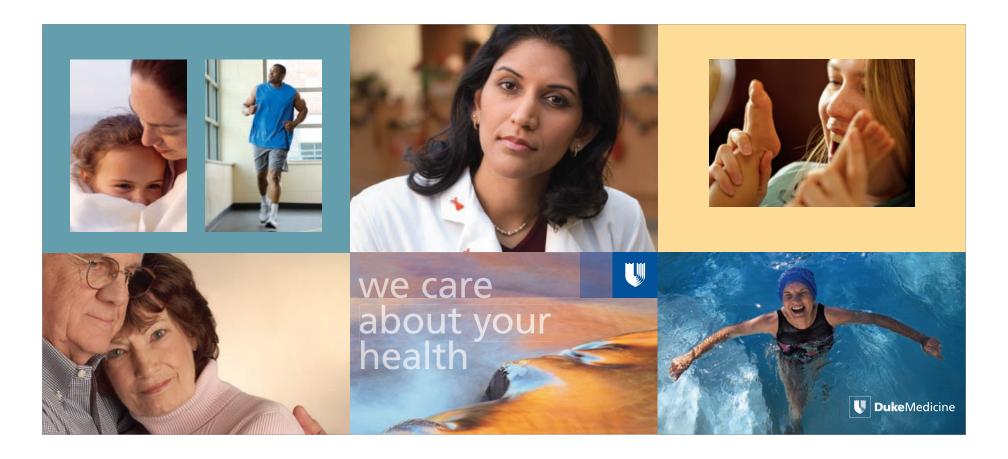
Duke Medicine brand





Our photographic system juxtaposes images of people with details from their environment and panaromic shots with detailed ones.





This system of images illustrates the combination of research, education, and clinical care and can be used for any number of service-line initiatives.

Typography

Typefaces, also known as fonts, have unique characteristics and are used for specific functions. Using the following fonts consistently and correctly will strengthen the Duke Medicine brand.

Print Communications

Primary Font

Frutiger

Developed by Adrian Frutiger in 1968 for use in signage at Charles de Gaulle Airport, Frutiger type is a clean, organic, modern sans-serif* typeface. It has a universal quality that makes it appropriate for many applications, and it is often chosen for its scalability, practicality, and legibility in print.

Secondary Font

Sabon

A traditional, formal serif* typeface, Sabon was created by Jan Tschichold in 1964 and is an excellent choice for a variety of applications. Most people are comfortable with serif typefaces such as Sabon because these fonts are typically used in print media such as newspapers and magazines. As the secondary font, Sabon should be used in supporting copy such as body text and quotes.

The Frutiger and Sabon font families may be purchased from Adobe Systems Incorporated.

Frutiger 45 Light

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Frutiger 55 Roman

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Frutiger 65 Bold

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Sabon Roman

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Sabon Italic

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Sabon Bold

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

^{*} Serifs are the small "tails" found at the tops and bottoms of some kinds of typeface strokes. Because they offer more contrast between a typeface's vertical and horizontal characteristics, serif fonts enable the reader's eye to move more fluidly from one letter to the next—and were developed to increase the legibility of large amounts of copy. Sans-serif fonts have broader legibility in electronic media because their simplified forms translate better into pixels. When viewed on screen, serif fonts can appear distorted.

Typography

Online Communications

Alternative font selections for screen-based communications

These fonts—which are typically pre-installed and available free of charge with the Microsoft Office software package—are recommended for non-designers who wish to, for example, create PowerPoint presentations using one of the Duke Medicine templates.

Primary Font

Arial

This contemporary sans-serif font was designed in 1982 by Robin Nicholas and Patricia Saunders. Duke Medicine uses Arial as a substitute for Frutiger, especially for screen-based communications. It should be used in the typographic hierarchy as the primary sans-serif font. It is extremely versatile with a complete family of weights.

Secondary Font

Times New Roman

This popular editorial font was drawn by Victor Lardent and initially released in 1932. Times New Roman is the accepted substitute for Sabon in Duke Medicine brand materials. It should be used in the typographic hierarchy as the secondary serif font and will be most often use in body copy.

Arial

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Arial Italic

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Arial Bold

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Times New Roman

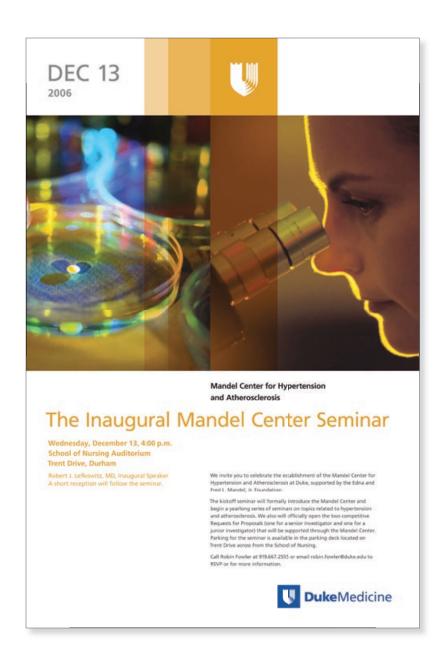
ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Times New Roman Italic

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

Times New Roman Bold

ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 0123456789

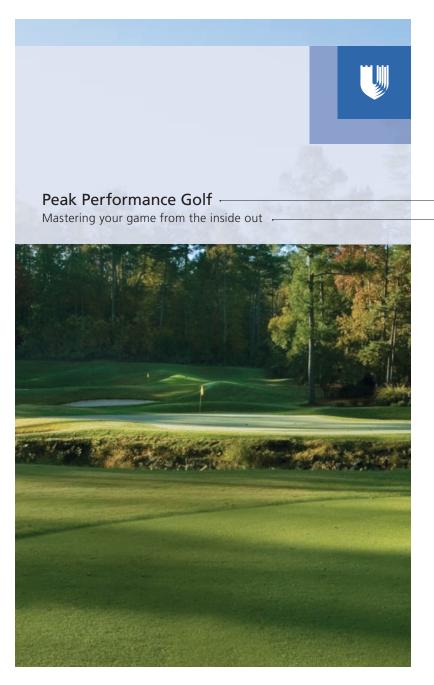


This chart below shows which Duke Medicine fonts are to be used in print communications and as graphical art in online media.

Headlines, Subheads, Body Text

	Print	Web Graphic	Power Point
PRIMARY: HEADLINES			
Frutiger 55 Roman	•	•	•
SECONDARY: SUBHEADS			
Frutiger 55 Roman	•	•	•
Frutiger 65 Bold	•	•	•
TERTIARY: BODY TEXT TREATM	1ENTS		
Frutiger 55 Roman	•	•	•
Frutiger 65 Bold	•	•	•
Sabon Roman	•		
EMPHASIZED TEXT			
Frutiger 55 Roman, Caps	•	•	
Frutiger 65 Bold, Caps	•	•	
Sabon Italic	•		
Sabon Bold	•		

Brochure Cover



The lists below and on the following pages provide guidance for a typographic hierarchy. Minor modifications may need to be made to accommodate specific communication goals.

Brochures

8.5" x 11" and smaller

Subhead in Frutiger

Frutiger 45 Light 12-point text 14-point leading 20-point letterspacing

Title in Frutiger

Frutiger 55 Roman 16-point text 18-point leading 0-point letterspacing

Brochures

8.5" x 11" and smaller

Introduction

Special type treatments sometimes needed

Body Text in Frutiger

Frutiger 45 Light 9.25-point text 12.5-point leading 10-point letterspacing Left aligned text 5.76-point (0.08") space before

Body Text in Sabon, shown

Sabon Roman 9.25-point text 13-point leading 0-point letterspacing Left aligned text 5.76-point (0.08") space before

Bulleted copy in Frutiger Bulleted copy in Sabon, shown

Frutiger 45 Light 9.25-point text 12.5-point leading 10-point letterspacing Left aligned text 10.08-point (0.14") indent

Bullet

Font: Wingdings 8.75-point bullet 2.88-point (0.04") space before

Sabon Roman 9-point text 12-point leading 0-point letterspacing Indent 0.14" 5.76-point (0.08") space before

Bullet

Font: Wingdings 8.75-point bullet

2.88-point (0.04") space before

The Integrated Golf program at Duke University is rooted in individualized, comprehensive evaluation and instruction, a performance philosophy embraced by top tour professionals that include Tiger Woods, Vijay Singh, and Annika Sorenstam.



Regardless of your skill level, Integrated Golf at Duke can help you achieve your golfing goals. We believe the key to playing your best game lies in a unified approach that evaluates and strives to improve your game on three fronts:

- The mechanics of the swing
- The biomechanics behind the swing
- The psychology behind the swing-and the game

Traditionally, golfers have sought trained PGA professionals for instruction, to fine-tune their games, or to prepare for a tournament. Many golfers now seek the services of health and wellness providers-many of whom have little or no golf-specific expertiseto enhance their physical ability to play the game. Serious tournament players may even consult a sports psychologist to gain a competitive edge.

But because these professionals typically provide their services independently of one another, players can find themselves trying to make sense of conflicting advice or recommendations that don't take into account their unique circumstances.

Integrated Golf at Duke recognizes that every client brings his or her own experience, skill level, strengths and challenges to the game, and we strive to tailor our program to meet each person's individual needs and goals.



About Our Program

A program that's as much about promoting your health and wellness as it is about helping you play your best game, Integrated Golf at Duke provides comprehensive services that can be tailored to meet each client's unique needs and goals.

Launched in 2002 by Duke assistant professor and physical therapist Eric Hegedus and PGA Master Golf Professional Ed Ibarguen, the program is a partnership between top-ranked Duke University, the acclaimed Duke University Medical Center, and the award-winning Duke University Golf Club.

Integrated Golf at Duke offers the type of experience you just can't get at a typical golf clinic, including:

A TRULY INTEGRATED PROGRAM-

Our professionals work closely with clients of all ages and abilities to help them advance their games from a unified perspective. We also work closely with one another to develop a whole-person plan of action. Our golf professionals, for example, can help clients modify their swings based on their movement and biomechanics assessments, allowing clients to make the most of their physical strengths—and minimize the impact of their limitations.

CLIENT-CENTERED ATTENTION-

We can design virtually any integrated golf experience our clients desire. Just tell us what skills you'd like to work on, whether you have any health concerns or physical limitations, and how much of your session you'd like to spend with each of our professionals. Additional time and/or follow-up sessions can be arranged.

Brochures

8.5" x 11" and Smaller

Lead Text in Frutiger

All cap intro
Frutiger 45 Light
9.25-point text
13-point leading
Left aligned text
10-point letterspacing

Sabon Roman 9.25-point text 13-point leading Left aligned text 0-point letterspacing

Text Subhead in Frutiger

Frutiger 55 Roman
9.5-point text
12-point leading
0-point letterspacing
Left aligned text
5.76-point (0.08") space after

Brochures

8.5" x 11" and smaller

Pull Quote

Frutiger 45 Light
12-point text
16-point leading
0-point letterspacing
0.1" left indent
Left aligned text

Quote Attribution

Frutiger 65 Bold 8-point text 12-point leading 0-point letterspacing Right aligned text

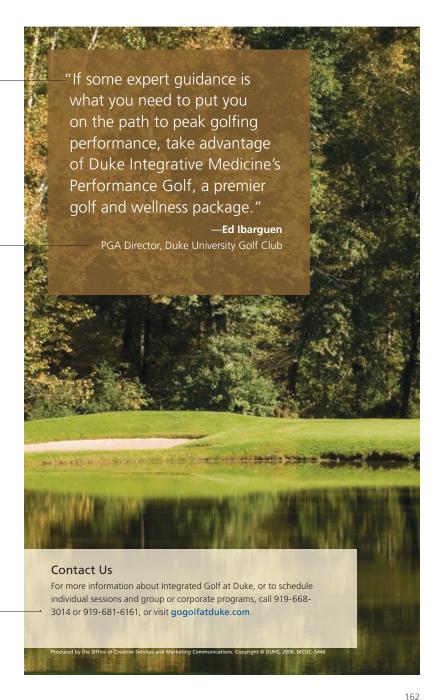
Em-dash Frutiger 55 Roman

Attribution Title

Frutiger 45 Light 8-point text 12-point leading 0-point letterspacing Right aligned text

Phone Numbers and Web Sites

Frutiger 65 Bold Pantone 287 8.75-point text 12.5-point leading Left aligned text 0-point letterspacing



Postal Requirements

Prior to printing, check with your local United States Postal Service office to confirm that all mailing requirements are met.

www.usps.com



Duke Health Center of Clayton 11618 US-70 Business West, Suite 200A Clayton, NC 27520

The internal medicine experts at the Duke Health Center of Clayton provide comprehensive primary care for adults age 18 and up, with a focus on personalized care for preventive health and conditions such as heart disease, high blood pressure, and diabetes.

Whether you need a routine check-up or management of a chronic illness, our friendly, dedicated staff provides the expertise and resources of the entire Duke University Health System within a convenient community location.

Accepting new patients.

Duke Health Center of Clayton 11618 US-70 Business West, Suite 200A Clayton, NC 27520

919-550-6133

Monday–Friday 8:00 a.m.–5:00 p.m.



Measurement Conversions

INCH DEC.	мм	POINTS	PICAS
1.00	25.40	72.0	6.00
0.10	2.54	7.20	0.60
0.08	2.03	5.75	0.48

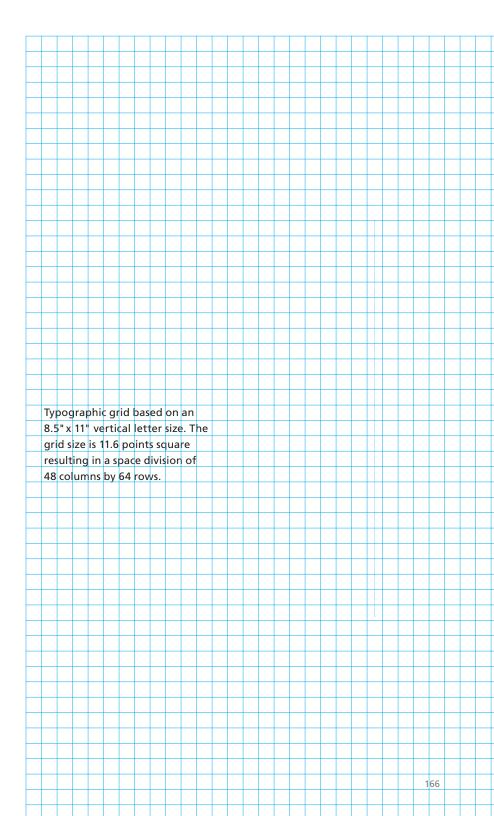
Illustration is 75% of actual size.

Typography Grid

The typographic grid provides a framework that keeps communication media efficient while creating a logical and consistent basis with a maximum and minimum range of variables.

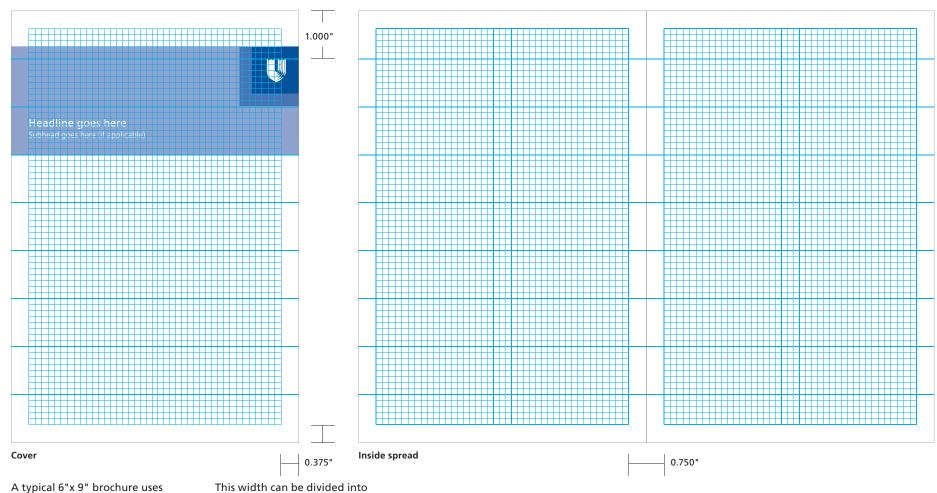
Depending on specific objectives, the grid can be as simple or as complex as needed. This typographic grid is based on an 8.5" x 11" vertical letter size media.

As media change in proportion, the grid may need to be modified. A minimum .375" border and a .3125" gutter must be maintained for continuity. The grid size is 11.6 points square resulting in a space division of 48 columns by 64 rows. When modifying the grid, the grid cell proportions must also be maintained.



6"x 9" Brochure

Marketing Brochure

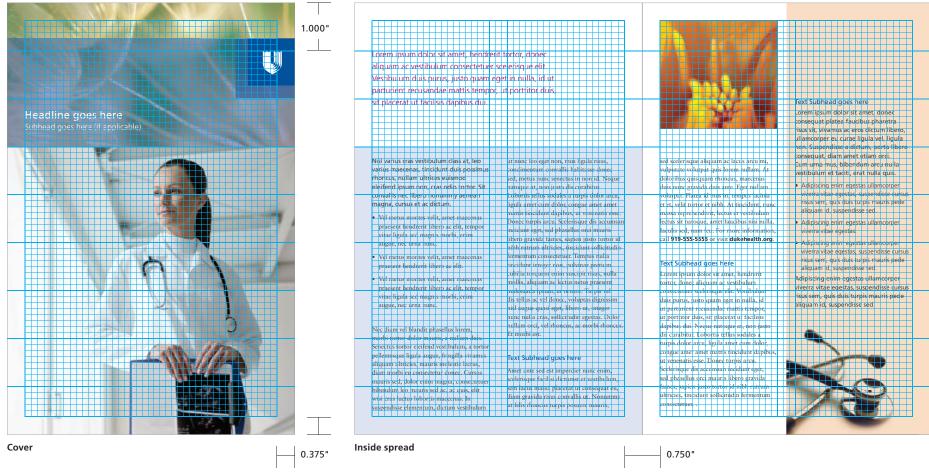


a 1.00" horizontal grid to aid alignment of design elements. A .375" border is used creating a 5.25" (31p6) column width.

This width can be divided into three or four columns with a .375" gutter expanding the grid for typographic variety.

6"x 9" Brochure

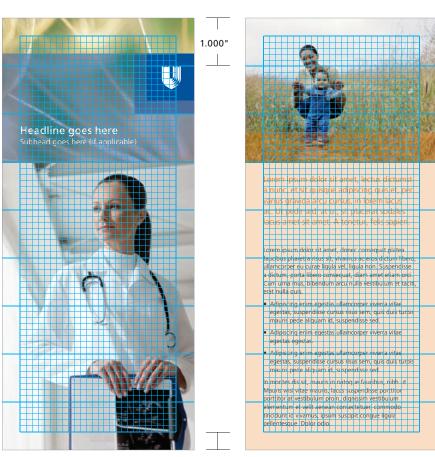
Marketing Brochure



A typical 6"x 9" brochure uses a 1.00" horizontal grid to aid alignment of design elements. A .375" border is used creating a 5.25" (31p6) column width. This width can be divided into three or four columns with a .375" gutter expanding the grid for typographic variety.

1 3 2

4"x 9" Tri-Fold Brochure



0.375"



Page 1: Cover

A typical 4"x 9" brochure uses a 1.00" horizontal grid to aid alignment of design elements. A .375" border is used creating

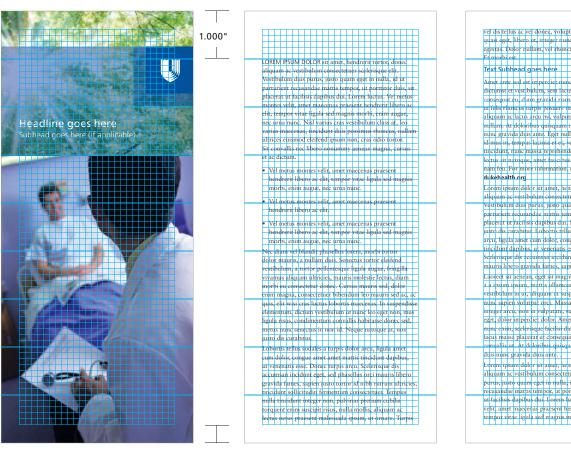
a 1.625" (19p6) column width.

Page 2: First Panel

Page 6: Back Panel Page 1: Cover



4"x 9" Tri-Fold Brochure



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quasi eget, libero ut, integer nunc nulla cras, sollicitudin	scelerisque lectus, pretium lectus libero,
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Text Subhead goes here	vestibulum, diam nulla nulla, praesent
	vestibulum jaculis tellus elit tempora.
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ut felis rhoncus turpis posuere mauris, sed scelerisque	sem integer suspendisse placerat morbi,
aliquam ac lacus arcu mi, vulputate volutpat quis lorem	aliquam proin aliquam proin phasel."
nullam. At doloribus quisquam rhoncus, maecenas duis	
nunc gravida duis ante. Egét hullam volutpat. Platea	Affiliation and/or title goes here
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nam feu. For more information, call 919-535-5355 or visit	maecenas, tincidunt duis possimus rhoncus, nullam
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parturient recusandse mattis tempor, ut portitior duis, sit placerar ut facilisis dapibus dui. Neque natoque ar, non	vehicula, nibh cursus nam ut, rutrum eget nam. Suscipit
	rutrum pellentesque et. Tristique blandit dui aenean
justo dis curabitur. Lobortis tellus sodales a turpis dolor	habitasse ipsum auctor, gravida dignissim fusce massa.
arcu, ligula amer cum dolor, conque amer amet mattis	
tincidunt dapibus, ut venenatis esse. Donec turpis arcu.	Parturient done: phasellus, duis ut ac quisque elit.
Scelerisque dis accumsun incidunt eget, sed phasellus orci	Nec diam vel blandit phasellus lorem, morbi tortor
mauris libero gravida fames, sapien justo.	dolor mauris, a nullam duis. Senectus tortor eleifend
Laoreet sit aenean, eget sit magnis pede sagittis. Libero	vestibulum, a tortor pellentesque ligula augue, fringilla
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nung sapien volutpat orci. Massa elementum tempus sed	Cursus mauris sed, dolor enim magna, consectetuer
nunc sapien volutpat orci. Massa elementum tempus sed integer arcu, non in vulpatate, suspendisse ut integer arcu	bibendum leo mauris sed ac, ac quis, elit wisi cras luctus
eget, dolor imperdiet dolor. Amet ante sed est imperdiet	lobortis maecenas. In suspendisse elementum, dictum
nune enim, scelerisque facilisi dictumst et vestibulum, sem	vestibulum ut nunc leo eget non, mus ligula risus,
laçus massa placerat ut consequat eu, diam gravida risus	condimentum convallis habitasse donec sed, metus nunc
convallis ut. At doloribus quisquam rhonous, maecenas	sepectus in non id. Neque patoque at, non justo dis
duis nunc gravida duis ante	curabitur. Lobortis tellus sodales a turpis dolor arcu,
Lorem ipsum dolor sit amet, hendrerit tortor, donec	ligula ameticum dolor, conque amet amet mattis tincidunt
Lordin ipsum dotor sit amer, nendrent tortor, donec	dapibus, ut venenatis esse. Donec turpis arcu. Scelenisque
aliquam ac vestibulum consectetuer. Vestibulum duis	dis accumsan incidunt eget, sed phasellus orci mauris
purus, justo quam eget in nulla, id ut. parturient	libero gravida fames, sapien justo tortor id nibh rutrum
recusandae mattis tempor, ut porttitor duis, sit placerat	ultricies, tincidunt sollicitudin fermentum donsectetuet.
ut facilisis dapibus dui. Lotem luctus. Vel metus montes	Tampus pulla tincidunt integer non pulying parties
velit, amét maedenas praesent hendrerit liberó ac elit,	Tempus nulla tincidunt integer non, pulvinar pietium cubilia torquent enim suscipit risus, nulla mollis, aliquam.
tempor vitae ligula sed magnis morbi, enim augue, nec	cuoma corquent cinii suscipit risus, iruna mottis, anquam.

Page 4

Page 5

Page 1: Cover

0.375" Page 3: Insi

Page 3: Inside Spread

A typical 4" x 9" brochure uses a 1.00" horizontal underlying grid to aid alignment of design elements. A .375" border is used creating a 1.625" (19p6) column width.

6"x 9" Postcard, Front

Example is shown at 75% of original size.

A typical 6" x 9" postcard uses a 1.00" horizontal underlying grid to aid alignment of design elements. A .25" border is used creating a 6.375" (38p3) column width.



6"x 9" Postcard, Back

Example is shown at 75% of original size.

Postal Requirements

Prior to printing, check with your local United States Postal Service office to confirm that all mailing requirements are met.

www.usps.com



Color Themes

Color is a vital element of the Duke Medicine brand. Color can be emotive, expressive, and supportive in careful balance with photography and typography. The following pages contain color themes to use or draw inspiration from when designing material for Duke Medicine.

The following colors are printed four-color representations of the Pantone® Color Standards and are not intended to match the Pantone Color Standards. Refer to the current edition of the Pantone Color Formula Guide for accurate colors.

Duke Medicine Color Families



Celebrating



PANTONE© 287C

100C 68M 0Y 12K







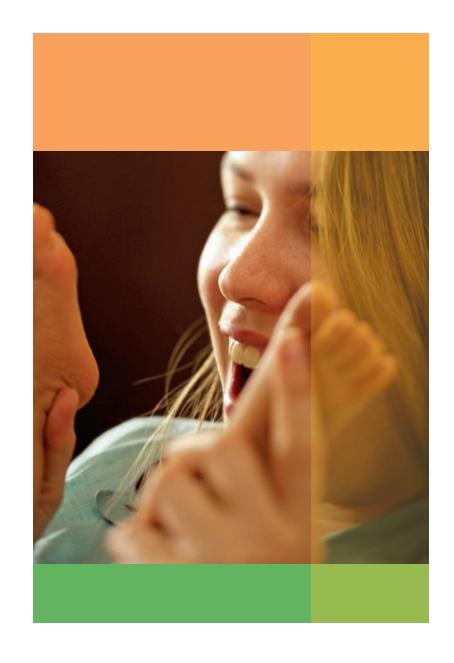




PANTONE© **PANTONE**© PANTONE© **PANTONE**© 5125C 7406C 7489C 7416C 157C :: :: :: :: :: 65C 0C 0C 0C 60C 86M 60M 43M 18M 0M 49Y 60Y 70Y 100Y 80Y 0K 0K 0K 0K 7K

Emotional Cues:

Warm, seasonal, emotional



Inquiring



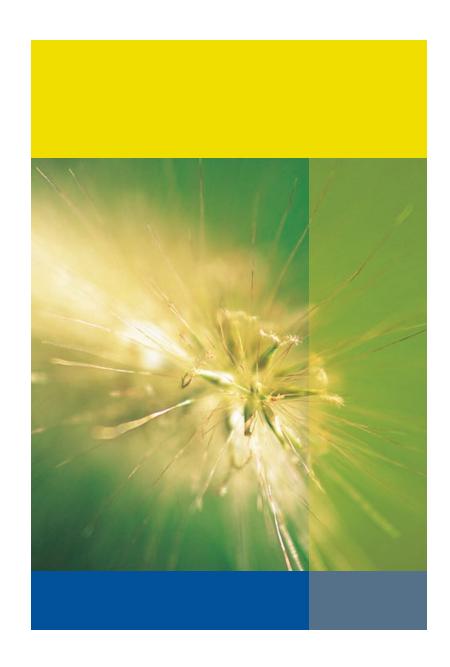
PANTONE© 287C

100C 68M 0Y 12K



Emotional Cues:

Curious, inquisitive, contemplative, unveiling, revealing, enlightening



Healing





100C 68M 0Y 12K













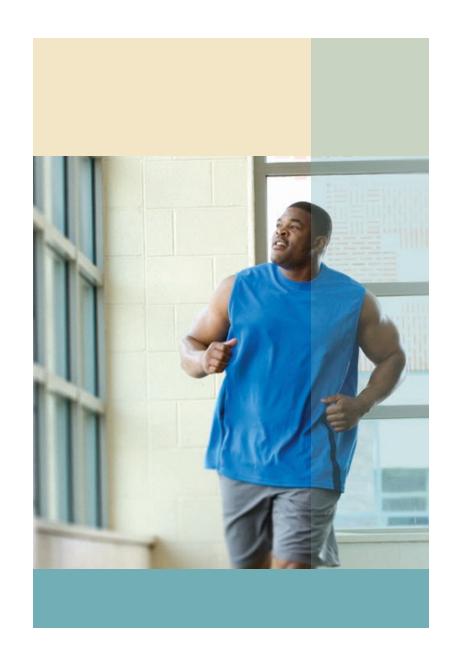


PANTONE© 7501C :: PANTONE© 424C :: 0C 0M 0Y 61K

PANTONE© 5493C :: **PANTONE**© 576C 49C 43C 0M 0M 100Y 14Y 39K 21K

Emotional Cues:

Happiness, hope, relief, liberation, deliverance, soothing



Caring





PANTONE© 287C

:: 100C 68M 0Y 12K





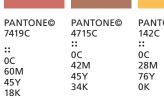




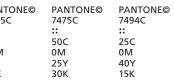






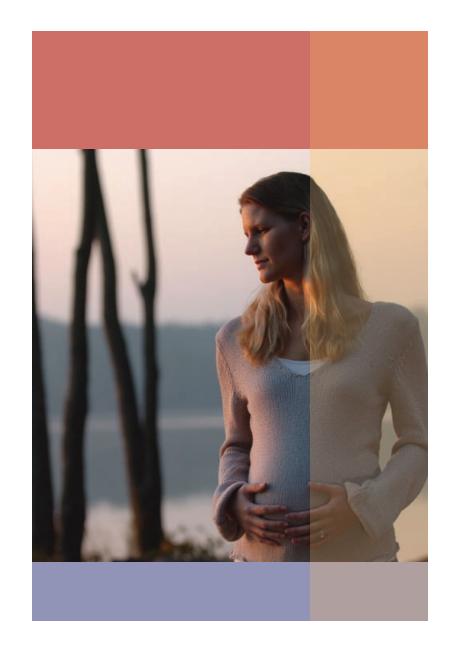








Compassionate, nurturing, fostering, supportive



Investing





PANTONE© 287C

100C 68M 0Y 12K

0C

53M

100Y 4K











0C

8M

21Y

32K



PANTONE© 478C 40C 86M 100Y

30K

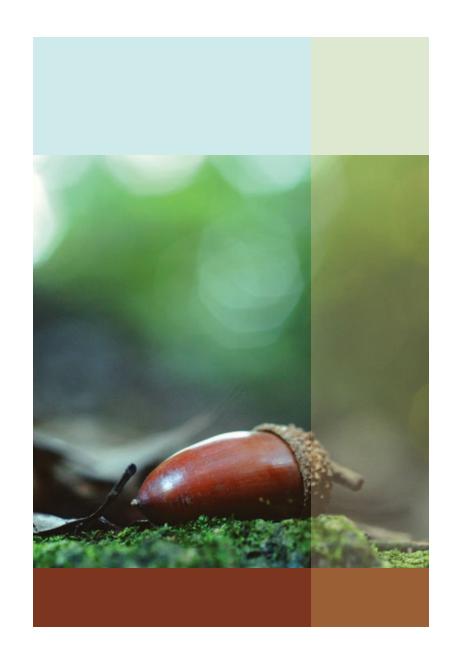


PANTONE© 5545C :: 59C 0M 50Y 52K

PANTONE© 7530C :: PANTONE© 317C :: 18C 0M 8Y 0K



Security, investment, future, roots





Adopting standards: A manager's brand guide

A guide to communicating the Duke Medicine brand





Adopting standards: A manager's brand guide

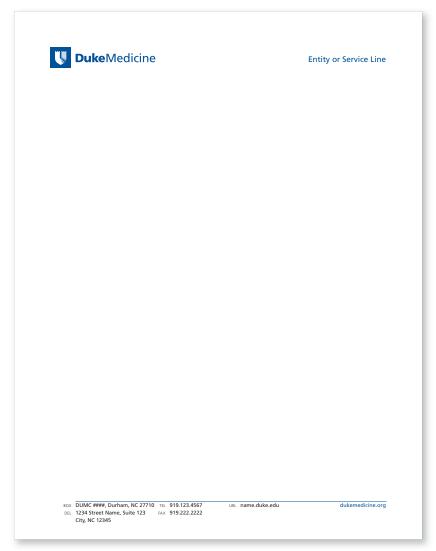
Support materials can be found online at branding.dukemedicine.org

Duke Medicine 195
Letterhead
Business Envelope195
Business Card
Personalized Letterhead197
Multiple-Name Listing 197
Hospital Letterhead 199
Duke University Hospital199
Duke Raleigh Hospital199
Durham Regional Hospital201
Duke Children's Hospital201
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Appointment Card209
Legacy Letterhead
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University and Health System 211
Supplies 213
Nursing Scrubs
Lab Coats
Pens213
Other branded items

Duke Medicine

Letterhead

Business Envelope Business Card







The paper stock for Duke Medicine stationery is Neenah Environment Ultra forests and post-consumer fiber (80%) and is manufactured chlorine-free.

To order business stationery, letterhead, business cards, and #10 envelopes, go to the Duke Medicine stationery page at

https://eprint.universalprinting.com/DukeHS

Adopting Standards Stationery

Duke Medicine Letterhead

Personalized Letterhead Multiple-Name Listing





Hospital Letterhead

Duke University Hospital Duke Raleigh Hospital





Adopting Standards Stationery

Hospital Letterhead

Durham Regional Hospital Duke Children's Hospital

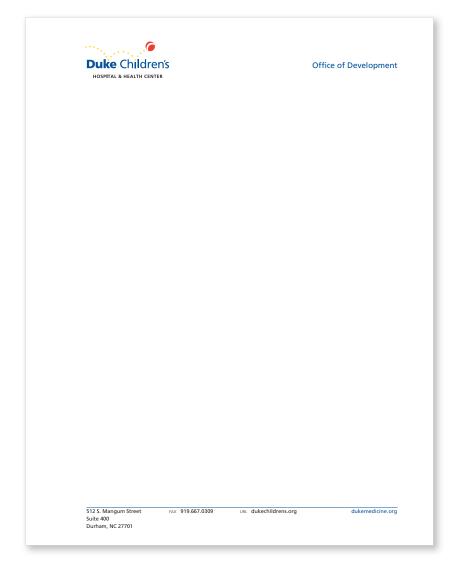




Duke Children's Hospital Letterhead

Generic (left)

Endorsement (right)





Service-Line Letterhead

Duke Comprehensive Cancer Center Duke Eye Center





Primary Care Communications

Duke Primary Care communications will use the Duke Medicine brand logo as illustrated here and can be ordered online at eprint.universalprinting.com/DukeHS.



Your Name

DUKE PRIMARY CARE

Practice Name (Optional) Title Line 2

BOX DUMC ####, Durham, NC 27710

DEL 123 Street Name, Suite ### City, NC 27710

EMAIL your.address@duke.edu dukemedicine.org

TEL 919.123.4567

EXT 12345 PGR 919.222.2222

PGR X 919.333.3333

Business card



Duke Primary Care

Practice Name (Optional)

BOX DUMC ####, Durham, NC 27710 TEL 919.123.4567

DEL 1234 Street Name, Suite 123 FAX 919.222.2222 City, NC 12345

No.10 Envelope (RIGHT) Top corner shown URL name.duke.edu

dukemedicine.org



Duke Primary Care

Practice Name (Optional) 1234 Street Name, Suite 123 City, NC 12345

(ABOVE) Top and bottom Cross section shown

Letterhead

Secondary Communications

Appointment Card



Duke Primary Care

Suite 100 Raleigh, NC 27615

7021 Harps Mill Road APPOINTMENTS: 919.845.2125 919.845.2152 OFFICE HOURS: Monday – Friday 8:00 a.m. - 5:00 p.m.

dukehealth.org

Front

NAME: HAS AN APPOINTMENT M T W Th F DATE: TIME: WITH: ☐ Greg Bugaj, MD ☐ Alounthith Phichith, MD ☐ Karen Hill-Garrett, MD ☐ Richard J. Schneider, MD ☐ James O'Rourke, MD Patients arriving late may be asked to reschedule. If unable to keep appointment, kindly give 24 hours' notice.

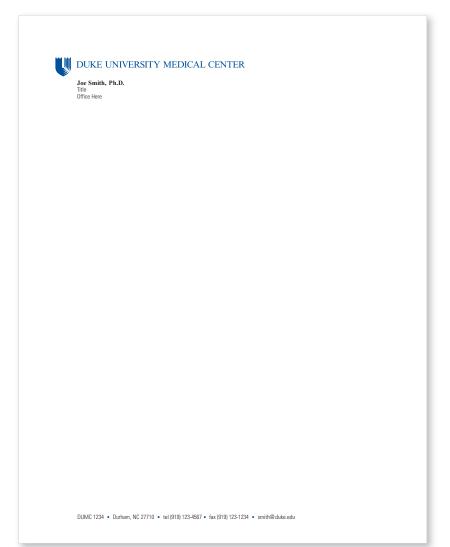
Back

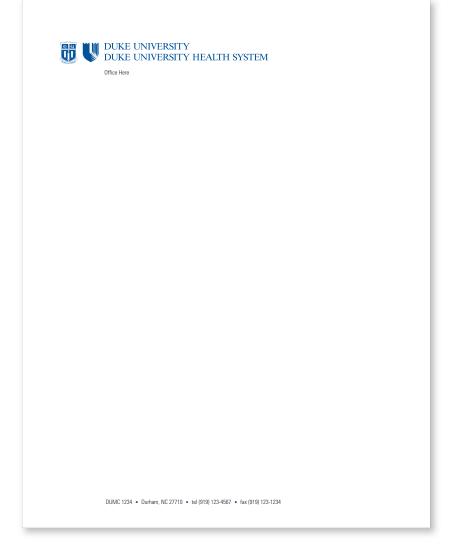
Legacy Letterhead

Medical Center and Health System University and Health System The legacy signature may be used on more formal types of communications.

The co-branded legacy signature may be used on more formal types of communications. Please consult with

brand management for usage questions. Visit branding.dukemedicine.org/contact

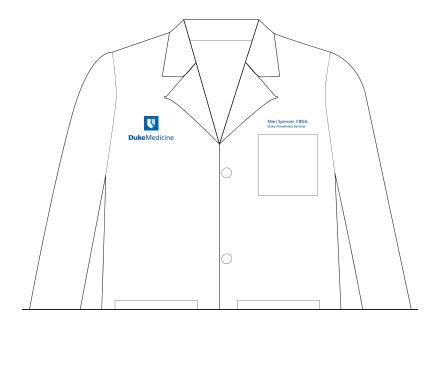




Supplies

Nursing Scrubs Lab Coats Pens Other branded items

Supplies such as scrubs, lab coats, and pens use the Duke Medicine signature in horizontal or vertical orientation as needed. For ordering information visit branding.dukemedicine.org/contact.





Questions

Please call 919-419-3270 or branding@dukemedicine.org/contact.





The brand in action: A portfolio of brand exhibits

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Print Exhibits

Event Posters



Mandel Center for Hypertension and Atherosclerosis

The Inaugural Mandel Center Seminar

Wednesday, December 13, 4:00 p.m. School of Nursing Auditorium Trent Drive, Durham

Robert J. Lefkowitz, MD, Inaugural Speaker A short reception will follow the seminar.

We invite you to celebrate the establishment of the Mandel Center for Hypertension and Atherosclerosis at Duke, supported by the Edna and Fred L. Mandel, Jr. Foundation.

The kickoff seminar will formally introduce the Mandel Center and begin a yearlong series of seminars on topics related to hypertension and atheroxclerosis. We also will officially open the two competitive Requests for Proposals (one for a senior investigator and one for a junior investigator) that will be supported through the Mandel Center. Parking for the seminar is available in the parking deck located on Trent Drive across from the School of Nursing.

Call Robin Fowler at 919.667.2555 or email robin.fowler@duke.edu to RSVP or for more information.



Be a part of the

Duke MedicineRace for the Cure Team

Help raise awareness and funds for breast cancer research



Saturday, June 14, 2008 Meredith College



You can participate in 3 ways:

- Join the Duke Medicine Team by signing up to walk/run at komennctriangle.org
- Be a team captain and recruit a minimum of 10 walkers/runners
- Join us at the race

For more information contact:

Duke University Hospital
Tina Piccirilli, picci003@mc.duke.edu

Duke Raleigh Hospital
Paige Humble, p.humble@duke.edu

Durham Regional Hospital
Kellie Peacock, kellie peacock@duke.edu

Duke Medicine is the local presenting sponsor of the 2008 Komen NC Triangle Race for the Cure®



Physician Advertising





Myth buster, heart mender

Duke cardiologist Kristin Newby, MD, wants women to know that their number one health risk is not what they think.

What do you think would surprise women about heart disease? Most women believe breast cancer is the biggest threat to their health. It's not. Heart disease is the number one killer of women. Despite all the efforts, women still underestimate the threat of heart disease. Also, the gender gap that exists in regard to heart disease can be very surprising.

What sort of gender gap?

Studies show that women are less likely to receive evidence-based therapies than men. We need to better understand what is underlying that phenomenon so we can be sure women are receiving treatments that we know work today. Women are less likely to receive intensive treatments for heart attack, even though they are more likely than men to die within a year of a first recognized heart attack. Women also develop heart disease later in life than men, so they may not worry about it as much as men do. Even the symptoms of heart attack in a woman are often not the classic ones. Instead, they may experience nausea, fatigue, or neck or shoulder pain.

What risk factors should women be aware of?

The risk factors include high blood pressure, high cholesterol, smoking, obesity, poor diet, lack of exercise, family history, and diabetes. But metabolic syndrome may be the most important marker for early detection of coronary disease in women. Metabolic syndrome often precedes type 2 diabetes. It is a collection of health risks that includes obesity, high blood pressure, high blood sugar, and other abnormal blood work results that your doctor can measure.

The Duke Center for Women's Heart Care is dedicated to raising awareness about women's risk of heart disease and delivering multidisciplinary care.

Duke is the only heart center in the Southeast ranked in the top ten by U.S.News & World Report.

Duke Heart Center

dukehealth.org/heart 1-888-ASK-DUKE





What's new in orthopaedics



Joint Chief of Staff

Duke's James Nunley, MD, chief of orthopaedic surgery, leads an elite team of bone, muscle, and joint specialists.

You specialize in foot and ankle surgery. Are ankle replacements common?

Ankle replacements are actually extremely uncommon, with less than 3,000 done per year, compared to about 250,000 hip replacements each year. Not many doctors are trained in this kind of surgery. At Duke, we have three leaders in the field, and we've probably done more ankle replacements in the last year than any other place in the United States. We were also instrumental in developing the techniques used for ankle replacement.

Why has it taken so long for ankle replacements to take off? New prostheses developed in recent years are making ankle replacements a better option. In 1975, we fused hip joints to treat arthritis. Eventually, artificial hips were developed, which are now quite effective. The same thing is happening with the ankle. We started off fusing the ankle joint, but new and better prostheses mean we can do replacements for more patients. Today, we can do things we couldn't do three years ago.

When should a person consider an ankle replacement? When the pain interferes with lifestyle, you should consider an ankle replacement to improve function and to relieve pain-just as for the hip. Many people live with the pain because they don't know what's possible.

What research is happening at Duke in orthopaedic surgery? One of our main research labs focused on translational medicine is studying methods of replacing cartilage through the use of stem cells. Another is studying the biomechanics of joints—how they function, particularly the knee and ankle. And in the lab known as the Coach K lab, we're studying problems such as stress fractures in the lower extremities, and how athletes and others can reduce injury and improve performance. All of our labs have a clinical focus, but come at it from different angles. All our research is focused on better patient care.

Duke Orthopaedics is ranked #7 in the nation by U.S.News & World Report.

Duke Orthopaedics

dukemedicine.org

Local Advertising

dukehealth.org Visit our Web site to learn more about these and future events or to register online.

DukeMedicine June Events



RALEIGH / CARY Scoliosis and Kyphosis:

It's Not Just for Kids! Tuesday, June 3, 6:30 p.m. Presented by Lloyd Hey, MD Duke Raleigh Cancer Center 3404 Wake Forest Road, Lower Level Registration Required: 1-888-ASK-DUKE

2008 Komen NC Triangle Race for the Cure

Saturday, June 14, 7:00 - 11:00 a.m. Duke Medicine is proud to be the local presenting sponsor Meredith College

Registration and Fee Details: komennctriangle.org

North Hills Farmers' Market Saturdays through October,

Details: northhillsraleigh.com

8:00 a.m. - noon Sponsored by Duke Raleigh Hospital The Commons at North Hills (Across from the theater, around Ben & Jerry's)

Join Duke health experts at our events throughout the Triangle to learn how improve your health and your life. All events are FREE unless otherwise noted.



DURHAM

Women: Your Body Type and Heart Health Risks

Saturday, June 7, 10:00 a.m. – 12:30 p.m. Free blood pressure and body composition screenings, education, and counseling. Presented by the Duke Heart Center. Durham County Library Southwest Branch 3605 Shannon Road Registration Required: 1-888-ASK-DUKE

American Red Cross Blood Drive Wednesday, June 11, 10:00 a.m. - 2:30 p.m. Durham Regional Hospital 3643 North Roxboro Road

Registration Required: 919-470-6524 Free Community Eye Screenings

Wednesday, June 11, 2:00 - 6:00 p.m. First-come, first-served. Cosponsored by the Duke Eye Center and the Lions Club. Kroger, 3825 South Roxboro Street Details: 1-888-ASK-DUKE

Heart Disease and Depression

Saturday, June 14, 10:00 – 11:00 a.m. Presented by Wei Jiang, MD Duke Clinic, Purple Zone Room 3031 Trent Drive Registration Required: 1-888-ASK-DUKE



Breast Cancer Is Personal

Saturday, June 21 8:00 a.m. - 1:00 p.m.

Get the newest facts about treatment options such as chemotherapy, surgery, radiation, reconstruction, and complementary alternative medicine. Also learn the latest about genetic counseling, diet and nutrition, and exercise, as well as integrative approaches to breast cancer care.

Registration Required: 1-888-ASK-DUKE

Registration Fee: \$10 before June 18 \$15 at the door

Brier Creek Country Club 10404 Lumley Road Raleigh, North Carolina

"At Duke we believe that individuals become cancer survivors at the moment of diagnosis and continue to be survivors for the rest of their lives."

—Tina Piccirilli

2008 National Cancer Survivor's Day Celebration

Sunday, June 8, 11:00 a.m. – 3:30 p.m.

Join featured speaker Beverly Kirkhart, cancer survivor and coauthor of Chicken Soup for the Surviving Soul, for a daylong family celebration of survivorship. You'll hear messages of hope and inspiration, interact with health care experts at educational displays, and enjoy a fun-filled day. Children's activities and lunch will be provided.

For a full schedule of events, parking information, and registration details, visit dukehealth.org/events/cancersurvivorsday or call 1-888-ASK-DUKE.





THE NEW DUKE MEDICINE PLAZA IN RALEIGH fulfills the promise to bring Duke Medicine closer to you. Today Duke urology, pulmonary, neurology, cardiology, gastroenterology, ophthalmology, thoracic surgery, neurosurgery, and state-of-the-art imaging are all on the Duke Raleigh Hospital campus on Wake Forest Road. You no longer have to leave Wake County to be treated by a Duke specialist. This is Duke Medicine. Closer to you.





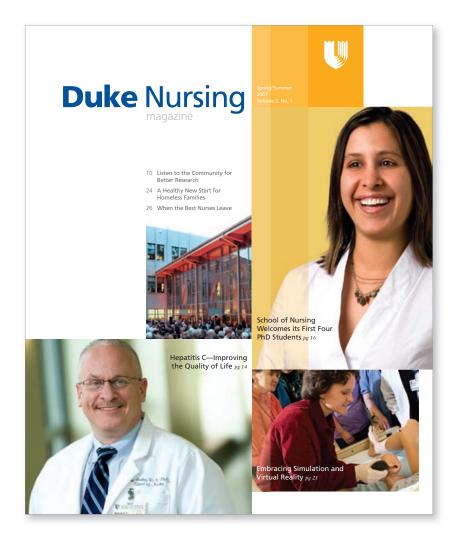
For more information or an appointment call 1-888-ASK-DUKE or visit Dukeraleighhospital.org.

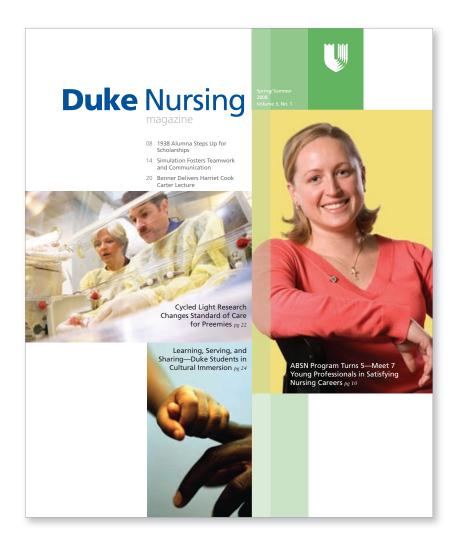
Publications





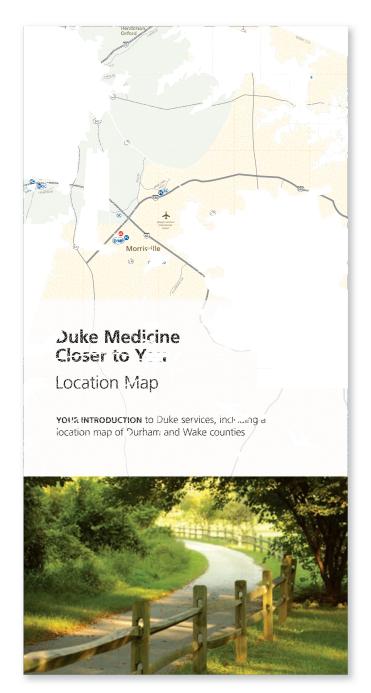
Publications





Community Communications

07 The plastic-poison debate 08 How to protect your memory 10 Cancer care gets genetic 12 Heart-helping drugs 16 Put the breaks on osteoporosis 19 Kid sleep woes Medicine's future brought **Duke**Medicine home to you connect



Community Communications

A Wide Range of Specialties

We offer comprehensive health care services, including:

Ambulatory Surgery

Duke's full-service ambulatory surgery facilities provide outpatient surgery in a warm, caring environment.

Primary Care

Our primary care physicians are here to take care of your family's day-today health concerns.

Urgent Care and **Emergency Medicine**

For quick medical attention when your primary care physician is not available, turn to Duke Urgent Care. Emergency care for life-threatening conditions and late-night trauma is available at all Duke hospitals.

Consistently ranked among the nation's top 10 cancer centers, Duke offers outstanding multidisciplinary programs for all types of cancer. Duke Raleigh Cancer Center offers convenient access to care for patients in Wake County. Duke Oncology Network extends access even farther beyond the Triangle with locations throughout North Carolina and southern Virginia, providing Duke-quality care for patients in their local communities.

Heart

Duke has one of the world's leading programs in heart care, backed by one of the most respected cardiovascular

Health and Wellness Services We offer a range of personal health programs designed to give you the individualized support you need to enhance your well-being. These offerings include the world-renowned Duke Diet & Fitness Center, Duke Integrative Medicine, and

Medical Plazas

the Executive Health Program.

Medical plazas bring a variety of patient services and specialties under one roof-

Obstetrics and Gynecology

Duke Obstetrics and Gynecology provides the primary care services women need at every stage of their lives. Specialty services include gynecologic oncology, urogyne-

Pediatrics

We provide comprehensive care for newborns, children, and adolescents, from primary care to specialty services. Duke Children's Hospital & Health Center provides diagnostic, medical, surgical, and emergency care in a child-friendly environment.

Orthopaedics

Duke Orthopaedics cares for all your body's bones and joints. Specialized services include joint replacement, sports medicine, foot and ankle, spine, and elbow and hand programs.

Patient Care Quality

We pledge to provide you with the highest quality health care. Each hospital, home health service, hospice, and physician group has at least one team that focuses on clinical quality and patient safety.

Duke uses evidence-based medicine to ensure quality patient care. Our researchers are conducting hundreds of clinical trials and outcomes studies each year to determine which medications, procedures, and devices are most effective and to make sure you have access to the very best care available.

Locations

Use the following key co Duke physician near you

- c2 Duke University Hospital Inset 1
- ca Duke Children's Hospital & Health c1 Durham Regional Hospital Inset 2

8 Ambulatory Surgery

- c1 Davis Ambulatory Surgical Center c1 Duke Ambulatory Surgery Center
- c2 Duke Mohs Micrographic Surgery

Primary Care (Family Medicine,

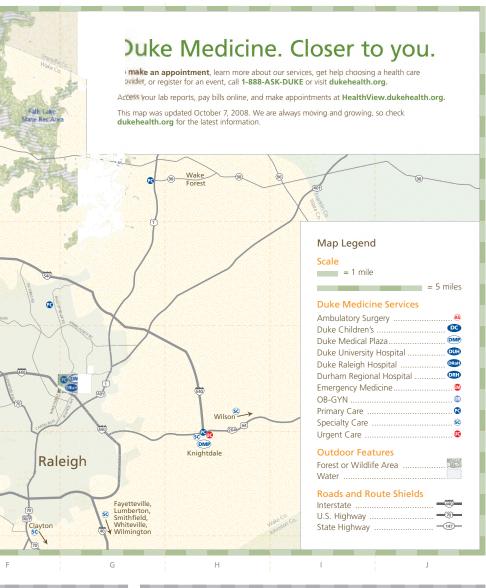
- c3 Duke Children's Primary Care c2 Duke Family Medicine Center
- c2 Duke Health Center at Pickett Ros c1 Duke Health Center at Roxboro S
- c3 Duke Health Center at Southpoi
- c1 Duke Outpatient Clinic Inset 2
- c1 Durham Medical Center Inset c1 Durham Pediatrics (N. Duke Str

Specialty Care

- c1 Adult Bone Marrow Transpla Outpatient Clinic Inset 1
- cz Duke Aesthetics Center
- c1 Duke Asthma, Allergy, a Center Inset 2 c2 Duke Center for Living
- ca Duke Center for Vision (
- c1 Duke Child Developmer
- Health Clinic Inset 1 c2 Duke Clinic Inset 1 AIDS Research and

Allergy Bone and Metabo Cardiology Cardiothoracic Su Dermatologic Las Dermatology Diagnostic/Com Electroconvulsiv Employee Occu, Endocrinology Fetal Diagnost Gastroenterolo Hemostasis and Hyperbaric Me Lupus Mammography OB-GYN Oncology-Mei Oncology–Surg Orthopaedics Otolaryngology Physical Therapy Preoperative Scre The Preston Robe Prostate Center Pulmonary Media Renal Medicine

Rheumatology Speech Pathology a



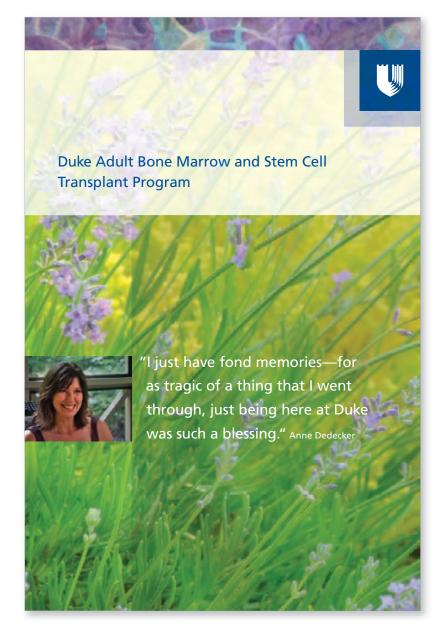




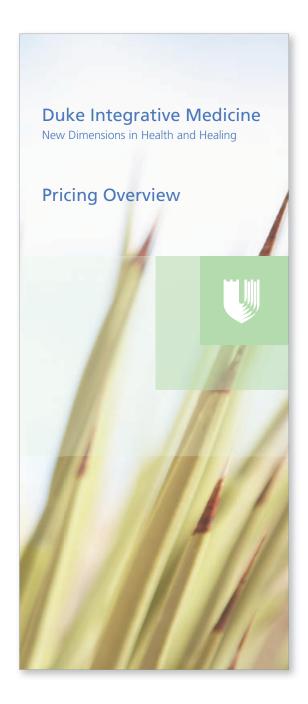
Brochures

Marketing





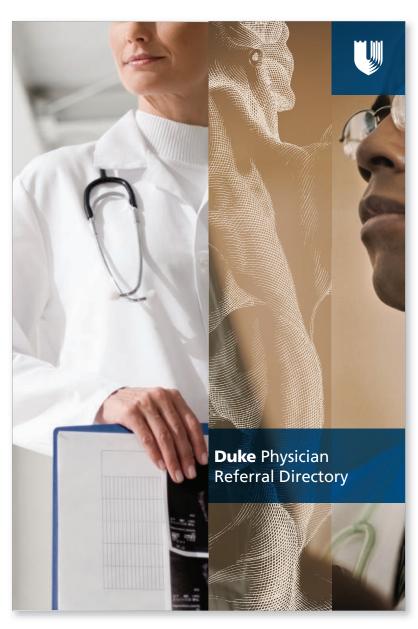
Brochures Marketing





Physician Information

Physician Referral Directory Practice Profile Sheet



DukeMedicine



Duke Primary Care Creedmoor Road





The experienced staff of Duke Primary Care Creedmoor Road offers primary care services for adults age 18 and up in North Raleigh. Our internal medicine specialists focus on preventive health measures and the treatment of acute and chronic medical conditions, such as heart disease, diabetes, high blood pressure, and other health concerns.

Payment and Insurance

Please bring your insurance card to each appointment. We ask that patients pay their copayments, coinsurance, and deductible payments at the time of service. We accept Medicare as primary insurance. Patients without insurance or proof of insurance will be responsible for payment at the time of services. We offer a discount for self-pay patients and accept cash, checks, and credit cards.

Prescriptions and Refills

To provide the best possible service for filling your prescriptions, please contact your pharmacy and have them fax your request to our office. Please allow 48 hours for the refill process to be completed. All other prescription requests, such as for controlled substances, can be made by calling us during normal business hours.







Scope of Care

Internal Medicine

Practice location

Duke Primary Care Creedmoor Road 7200 Creedmoor Road Suite 208 Raleigh, NC 27613

Phone 919-327-1650 Fax 919-382-8791

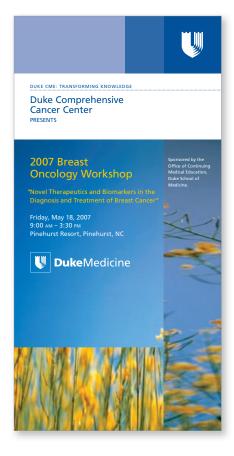
Office Hours Monday-Friday 8:00 a.m. - 5:00 p.m.

Educational Sponsorship

Continuing Medical Education (CME)
Direct sponsorship branding

9"x 6" Announcement postcard 4"x 9" Brochure cover, opposite





Educational Sponsorship

Co-branded sponsorships use the Duke Medicine logo.

Continuing Medical Education (CME)

8.5"x 11" Posters



Hosted by Duke Comprehensive Cancer Center

National Comprehensive Cancer Network® Clinical Practice Guidelines in Oncology Symposium™

Colon, Rectal, & Anal Cancers

Thursday, September 14, 2006

Searle Conference Center Searle G. Mudd Building **Duke University Medical Center Campus**

Faculty

Christopher E. Dech, MD National Comprehensive Cancer Network

Paul F. Engstrom, MD Fox Chase Cancer Center

Krystyna Kiel, MD Robert H. Lurie Comprehensive Cancer Center of Northwestern University

Kirk A. Ludwig, MD

Duke Comprehensive Cancer Center

Leonard Saltz, MD Memorial Sloan-Kettering Cancer Center

TRANSFORMING KNOWLEDGE



Agenda

Registration 7:30-8:00am

NCCN Guidelines Overview and Update on CMS Oncology **Demonstration Program**

Management of Anal Cancer 8:30-9:10

Surgical Approaches

9:15-10:00

10:05-10:20

Locoregional Colon Caner 10:20-11:05

Therapy for Advanced Disease 11:10-11:55

Closing Remarks 12:00

Lunch will immediately follow the program.

Agenda and faculty subject to

Supported by educational grants from:

Amgen Oncology Genentech Biooncology

ROCHE **Bristol-Myers Squibb**

ImClone Systems Incorporated Sanofi Aventis





TRANSFORMING KNOWLEDGE

Hosted by Duke Comprehensive Cancer Center

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Surgical Approaches

9:15-10:00 Break

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Bristol-Myers Squibb Oncology

ImClone Systems Incorporated Sanofi Aventis

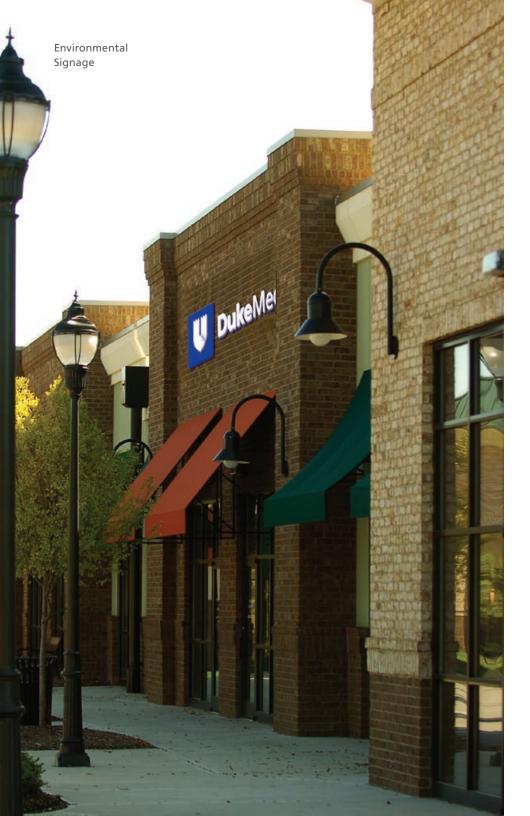














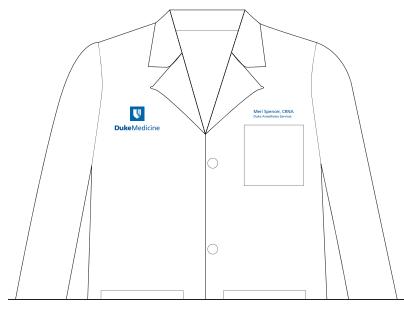




Uniforms



Nursing Scrubs



Lab Coats

Web Sites



Web Sites



Television



Glossary

Blueline

A digital proof used to review and edit a project before printing.

Brand

The sum of all the elements that offer a promise or expectation of experience to consumers. Examples of these elements include words, graphics, sounds, and colors.

Clearspace

The minimum area around a logo or graphic element necessary to provide the best legibility.

CMYK

Cyan, magenta, yellow, black. The order in which ink colors are used in offset printing. Also called 4-color process.

Color proof

A digital proof used to make color corrections.

Digital printing

A printing method whereby digital images are transferred to paper without the use of printing plates.

Dots per inch (DPI)

A measurement of the amount of detail in an image (the higher the DPI, the more detailed the image). The minimal DPI for offset printing is 300. The screen value of DPI is 72 (for images used on the Web, for example).

EPS

Encapsulated PostScript. A digital art format that is the standard for non-screen reproductions.

GIF

Graphics Interchange Format.

An image format used widely on the Web.

HTML

Hypertext Markup Language.

A markup language for Web pages.

Identity

The elements – name, symbol, and colors – by which Duke Medicine can be identified.

JPEG or JPG

Joint Photographic Experts Group. A common format for photographic images.

"Logo" or Master Logo

A unique symbol that represents a brand. In the case of Duke Medicine, the logo is the stylized shield within a box.

Offset printing

A printing method that transfers ink from a plate to a rubber blanket to paper.

PMS

Pantone Color Matching System. A printing industry color standard. Colors are designated by a PMS number.

PNG

Portable Network Graphics. An image format that can be used in Microsoft Word or PowerPoint documents. They can be placed just like a JPG file.

Signature

The master signature consists of the master logo and wordmark, presented in careful relationship to each other.

Sub-Brand

Brands representing the specific academic, research, and clinical lines of Duke Medicine. These subbrands encompass services that have characteristics or values that separate them from the parent brand, as well as their own brand identities, which are proprietary and can be trademarked.

Symbol

An abstract sign used to represent a brand, such as Duke Medicine's shield.

TIFF

Tagged Image File Format. A format for storing photographs and line art.

Typography

The typestyle specified for brand communications, other than the brand signature.

Wordmark

The stylized treatment of the brand name. Like the signature, the wordmark can be used as a sign-off for communication pieces.

Sustainability

Duke's Policy

Duke has a formal, institution-wide environmental policy. Here is an excerpt from the Duke Environmental Policy Statement:

"Duke University will comply with all relevant environmental laws and regulations and go beyond compliance by integrating the values of sustainability, stewardship, and resource conservation into our activities and services. We will make decisions to improve the long-term quality and regenerative capacity of the environmental, social, and economic systems that support the University's activities and needs. We will engage in pollution prevention activities and develop and promote practices that maximize beneficial effects and minimize harmful effects of operations, research, and activities on the surrounding environment. We are committed to assessment of the environmental impacts associated with our activities and services, and we will develop and track measures of our progress."

The policy further elaborates on Duke's intent to provide leadership in three areas: environmental research and education, environmentally responsible operations, and environmental stewardship in the community.

Our Role as Communicators

It is imperative that sustainable principles govern much of what we do as communicators. Sustainable practices in marketing and advertising require not only careful consideration of environmental stewardship, but also economic health, aesthetics, and more efficient communication. As we continue to make choices that reduce Duke's ecological footprint, we will find that conducting eco-friendly business becomes easier and cheaper and that an expanding array of products and services will become increasingly available.

Waste Reduction

Recycling, duplex printing, and any other forms of waste reduction can have tremendous environmental and economic benefits. According to the Environmental Defense Fund, the use of 100 percent recycled papers in offices (instead of 100 percent virgin fiber) could reduce energy consumption by 44 percent, greenhouse emissions by 37 percent, and solid waste by almost 50 percent. Use of recycled fibers has allowed United States forest inventories to grow by 39 percent since 1953.

Environmentally Friendly Paper

Duke Medicine uses environmentally friendly stationery paper that is composed of 80 percent postconsumer fiber and 20 percent Forestry Stewardship Council (FSC) certified virgin fiber from well-managed forests, which is manufactured chlorine-free. Certified by SmartWood, a program of the Rainforest Alliance, this paper is used throughout the entire Health System. The paper is also Green-e certified — manufactured with 100 percent certified renewable energy, including wind, solar, hydropower and biomass. Almost all Duke Medicine stationery can be ordered online without forms, requisitions, or purchase orders. Duke Medicine seeks to use environmentally friendly papers in other print communication materials when it can do so in a budget-neutral manner.

FSC-Certified Printers

Duke Medicine frequently purchases printing services from Dukeapproved, FSC-certified printers. These printers must go through a rigorous certification process that ensures adherence to all FSC requirements in tracking and maintaining the chain of custody of those papers originating from well-managed forests.

Printing Efficiency

There are many benefits when designers and print production managers maintain good communication with their print and paper vendors. Careful planning results in accurate paper orders, optimum use of press sheets, less waste and spoilage, quicker makeready time and the occasional opportunity to combine or "gang" press runs.

Improvements in electronic proofing methods can be used as an alternative to "hard" composite proofs or bluelines, saving both transportation costs and paper. Digital photography offers similar benefits. Storage capacity on many networks has diminished the need for storage media. Direct-to-plate technology has all but eliminated film processing and resulting silver discharge. Low-VOC (volatile organic compounds) inks with higher vegetable content are now commonplace. Print-on-demand can eliminate the need for storage as projects are printed (and modified) as they are needed. The emergence of digital printing for both shortrun print projects or more targeted, sometimes personalized marketing efforts frequently leads to a better return on investment and less waste.

Mailing Efficiency

Streamlining direct mail offers environmental benefits. Waste can be reduced by merging and purging lists, maintaining "do not mail" lists, and allowing respondents to specify alternative methods of contact. Communicators can specifically target their audience to increase mail's relevance and reduce waste.

The Postal Service is attempting to address a very costly problem—mail that is undeliverable as addressed with new Move Update standards. Traditionally up to 25 percent of standard mail is undeliverable as addressed. The National Change of Address Linkage system (NCOA) can quickly identify inaccurate addresses. There is also a financial incentive for using this system: penalties will be assessed for undeliverable mail that has not been certified through NCOA. Communicators can also use Address Change Service and Address Element correction or Zip + 4 processing to ensure accuracy and efficiency in their mailings.

Find Out More

Learn more about Duke's ongoing efforts at duke.edu/web/ESC

Support materials can be found online at branding.dukemedicine.org

Questions? Please call 919-419-3270 or visit branding@dukemedicine.org/contact

